



Republic of the Philippines  
**Department of Education**  
REGION III  
Schools Division Office of Bulacan

July 30, 2026

**DIVISION MEMORANDUM**

No. *MS* s. 2026

**CELEBRATION OF THE 2026 NATIONAL LUNG MONTH**

To: Assitant Schools Division Superintendents  
Division Chiefs,  
School Governance and Operations Division  
Public Schools District Supervisors  
School Heads,  
All Others Concerned

1. Pursuant to the annual observance of the National Lung Month every August and in line with the advocacy of the government to promote prevention and control of respiratory diseases, the Schools Division of Bulacan enjoins all public and private schools to participate in the observance of National Lung Month.
2. The celebration aims to raise awareness among learners, teachers, and school personnel to focus attention on proper respiratory care and prevent illnesses of the lungs.
3. This activity shall be implemented in accordance with DepEd Order No. 009, s. 2026 or "Guidelines on the Implementation of the Three-Term School Calendar in Basic Education." Schools are directed to ensure that all activities are conducted in a manner that safeguards instructional time by integrating advocacy activities into existing school health, nutrition, homeroom guidance, or co-curricular programs and by scheduling activities outside protected instructional periods whenever practicable.
4. Schools are encouraged to undertake any or all the following activities throughout the Lung Month celebration:
  - Advocacy and information dissemination on proper care of lungs, which includes



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healthy lifestyle practices, proper respiratory hygiene, and breathing exercises.

- Classroom discussions on lung health, respiratory diseases such as TB, asthma, pneumonia, and clean air advocacy.
  - Daily lung health trivia during flag ceremony or classroom routines.
  - Discussions on environmental protection, the Clean Air Act, anti-smoking and anti-vaping education, and community health initiatives.
  - Reflection writing and values integration on healthy living and environmental stewardship.
  - Creation of digital posters, infographics, advocacy videos, brochures, and recycled information materials promoting lung health.
  - School-based activities:
    - Poster-making contest
    - Slogan-making contest
    - Essay writing contest
    - Quiz Bee on Lung Health
    - Lung Health Symposium or Lecture
    - Anti-Smoking and Anti-Vaping Advocacy Campaign
    - Tree planting
    - School Clean-up Drive
5. Schools are encouraged to implement activities according to their context and available resources. The integration of Lung Month themes into classroom instruction shall be carried out throughout the celebration period to strengthen learners' awareness and promote healthy lifestyle practices.
6. Immediate dissemination of and strict compliance with this memorandum are directed.

for   
**CECILIA E. VALDERAMA, PhD, CESO VI**  
Schools Division Superintendent 