



Republic of the Philippines  
**Department of Education**  
REGION III  
SCHOOLS DIVISION OF BULACAN

June 11, 2026

DIVISION MEMORANDUM  
No. 263, s.2026

**ADJUSTED SCHEDULE OF PHILHEALTH YAKAP PROGRAM FOR SDO  
TEACHING AND NON-TEACHING PERSONNEL**

To: Assistant Schools Division Superintendents  
Division and District Supervisors  
Heads, Public Elementary and Secondary Schools  
Teaching and Non-Teaching Personnel  
All others Concerned

1. Anent to DepEd Order No. 009, s.2026 titled "Guidelines on the Implementation of the Three-Term School Calendar in Basic Education", and the policy for the protection of instructional time through uninterrupted instructional blocks, all the activities that may affect classroom instructions shall be scheduled in a manner that will not disrupt teaching and learning process. The policy aims to maximize instructional time and minimize class interruption.
2. Relative thereto, the conduct of the Philhealth Yakap Program for Teaching and Non-Teaching Personnel, previously scheduled on June 15, 2026 to July 29, 2026 is hereby rescheduled. (see attached enclosure). The adjustment is made to ensure compliance with DepEd Order No. 009 s.2026, safeguarding instructional time and preventing class disruptions while still providing personnel with access to essential health and welfare services.
3. In the event that the personnel cannot come as scheduled, essential health services may be availed any time at their physical clinic located at 221 Tanjeco St., San Vicente, Malolos City, Bulacan, whenever needed, or they can choose their preferred laboratory facility.
4. Only Unregistered Employees shall register with the New QR Code prior to the day of laboratory examination.



**Address:** Provincial Capitol Compound, Brgy. Guinhawa, City of Malolos, Bulacan

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5. The following documents are attached herewith for your reference.

- Enclosure 1: Schedule of Free Physical and Laboratory Examination
- Enclosure 2: List of Free Healthcare Services, List of Philhealth Gamot Medicines, Philhealth Gamot Program-Monthly Medicine Delivery

6. Immediate dissemination of this Memorandum is desired.

  
**CECILIA E. VALDERAMA, PhD, CESO VI**  
Schools Division Superintendent  
Office of the Schools Division Superintendent



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**Enclosure 1:** Schedule of Free Physical and Laboratory Exams

NO.	DATE	DepED BULACAN
1	June 20, 2026	SDO San Rafael East (HS)
2	July 18, 2026	SDO DRT (ES/HS)
3	July 25, 2026	SDO Guiguinto (ES)
4	August 1, 2026	SDO Guiguinto (ES)
5	August 1, 2026	SDO Guiguinto (HS)
6	August 8, 2026	SDO San Ildefonso North (ES)
7	August 8, 2026	SDO San Ildefonso North (HS)
8	August 15, 2026	SDO San Ildefonso South (ES)
9	August 15, 2026	SDO San Ildefonso South (HS)
10	August 22, 2026	SDO San Miguel Central (ES)
11	August 22, 2026	SDO San Miguel Central (ES)
12	August 29, 2026	SDO San Miguel North (ES)
13	August 29, 2026	SDO San Miguel North (ES)
14	September 5, 2026	SDO San Miguel South (ES)
15	September 5, 2026	SDO San Miguel South (ES)
16	September 12, 2026	SDO San Miguel (HS)
17	September 12, 2026	SDO San Miguel (HS)
18	September 19, 2026	SDO Paombong (ES)
19	September 19, 2026	SDO Paombong (HS)
20	September 26, 2026	SDO Marilao South (ES)
21	September 26, 2026	SDO Marilao South (ES)
22	October 3, 2026	SDO Marilao South (HS)
23	October 3, 2026	SDO Marilao North (ES)
24	October 10, 2026	SDO Marilao North (ES)
25	October 10, 2026	SDO Marilao North (HS)
26	October 17, 2026	SDO Balagtas (ES)
27	October 17, 2026	SDO Balagtas (HS)
28	October 24, 2026	SDO Bocaue (ES)
29	October 24, 2026	SDO Bocaue (ES)
30	November 7, 2026	SDO Bocaue (ES)
31	November 7, 2026	SDO Bocaue (HS)
32	November 14, 2026	SDO Pulilan (ES)
33	November 14, 2026	SDO Pulilan (ES)
34	November 21, 2026	SDO Pulilan (HS)
35	November 21, 2026	SDO Pulilan (HS)



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**Enclosure 2:**

- List of Free Healthcare Services,
- List of Philhealth Gamot Medicines
- Philhealth Gamot Program- Monthly Medicine Delivery

**ANNEX A**

**LIST OF FREE HEALTHCARE SERVICES**

For Teaching and Non-Teaching Personnel Schools Division of Bulacan

Service Category	Specific Inclusions
Medical Consultation	General medical check-up with licensed physicians
Preventive Care	Physical examination, blood pressure monitoring, Body Mass Index (BMI) assessment
Laboratory Tests (Standard APE Package)	Complete Blood Count (CBC) with platelet count, Urinalysis, Fecalysis, Fasting Blood Sugar (FBS), Lipid Profile, Creatinine
Additional Laboratory Tests (Upon Physician's Request)	HbA1c, Oral Glucose Tolerance Test (OGTT), Pap Smear, Fecal Occult Blood Test, Sputum Microscopy
Imaging Services	Chest X-ray, Electrocardiogram (ECG)
Medicine Distribution	Essential prescription medicines covered under the PhilHealth GAMOT Program
PhilHealth YAKAP Registration Assistance	Verification, processing, and submission of YAKAP requirements for eligible personnel and dependents
Telemedicine Services	FREE virtual consultations for follow-up, monitoring, and health counseling
Clinic Follow-Up	In-clinic consultations, review of laboratory and imaging results, medication adjustments

*All services are provided in compliance with the Universal Health Care Act, PhilHealth YAKAP and GAMOT guidelines, DOH standards, and the Data Privacy Act of 2012.*



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**ANNEX B**

**LIST OF PHILHEALTH GAMOT MEDICINES**

For Teaching and Non-Teaching Personnel Schools Division of Bulacan

Category	Medicines
Antibiotics	Amoxicillin, Ciprofloxacin, Azithromycin, Clarithromycin, Cefixime, Co-amoxiclav, Clindamycin, Co-trimoxazole, Erythromycin, Nitrofurantoin, Cloxacillin, Metronidazole, Tobramycin
Antifungals	Clotrimazole, Fluconazole, Ketoconazole
Antivirals	Oseltamivir
Respiratory Medicines	Salbutamol, Fluticasone + Salmeterol, Budesonide + Formoterol, Ipratropium, Ipratropium + Salbutamol, Tiotropium
Anti-Allergy / Antihistamines	Chlorphenamine, Cetirizine, Diphenhydramine, Loratadine
Pain Relievers / Anti-Inflammatory	Aspirin, Ibuprofen, Mefenamic Acid, Naproxen, Celecoxib, Butamirate, Paracetamol
Gastrointestinal Medicines	Aluminum Hydroxide + Magnesium Hydroxide, Omeprazole, Oral Rehydration Salts
Cardiovascular Medicines	Amlodipine, Enalapril, Enalapril + Hydrochlorothiazide, Losartan, Telmisartan, Telmisartan + Hydrochlorothiazide, Valsartan, Valsartan + Hydrochlorothiazide, Atenolol, Metoprolol, Captopril, Diltiazem, Isosorbide Dinitrate, Isosorbide Mononitrate, Clopidogrel, Methyldopa, Clonidine



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Cholesterol & Lipid Medicines	Simvastatin, Atorvastatin, Rosuvastatin, Fenofibrate
Diabetes Medicines	Metformin, Gliclazide, Dapagliflozin
Neurologic / Pain Modulation	Gabapentin
Vitamins & Supplements	Ferrous Salt (Iron), Folic Acid + Iron, Zinc
Other Maintenance Medicines	Montelukast, Tamsulosin, Colchicine, Lagundi (Vitex negundo)

*Medicines are dispensed monthly under the PhilHealth GAMOT Program, subject to eligibility and prevailing PhilHealth guidelines.*

**PHILHEALTH GAMOT PROGRAM – MONTHLY MEDICINE DELIVERY**

Item	Details
Frequency	Monthly
Annual Medicine Budget	₱20,000
Purpose	Monthly replenishment and distribution of essential medicines
Coverage	Enrolled SDO teaching and non-teaching personnel
Cost to Beneficiaries	FREE



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