



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OF BULACAN

April 22, 2026

DIVISION MEMORANDUM

No. 179, s.2026

**IMPLEMENTATION OF PHILHEALTH YAKAP PROGRAM FOR SDO
PERSONNEL**

To: Assistant Schools Division Superintendents
Division and District Supervisors
Heads, Public Elementary and Secondary Schools
SDO Personnel
All others Concerned

1. Anent to DepEd Memo No. 22 s 2015 entitled Annual Physical Examination of All De Ed Employees (Teaching and Non-Teaching Personnel), and as per RA 11223 or the Universal Health care Act and it's Implementing Rules and Regulations, all teaching and non-teaching personnel are required undergo an Annual Physical Examination.
2. The Schools Division of Bulacan shall implement the Philhealth YAKAP, a joint undertaking between Telecure Medical and Diagnostic Center and the Department of Education Schools Division of Bulacan, which promotes accessible and quality health services to employees, pursuant to the Republic Act. 11223 or Universal Health Care Law.
3. The program includes the following components:
 - a. FREE Annual Physical Examination (APE) including consultation, laboratory tests, imaging, preventive care, and medicine distribution
 - b. PhilHealth YAKAP Registration Assistance for eligible personnel and dependents
 - c. PhilHealth GAMOT Program with monthly delivery of essential medicines
 - d. FREE Telemedicine and Clinic Follow-Up Services,
 - e. Full compliance with the Universal Health Care Act, PhilHealth regulations, DOH standards, and the Data Privacy Act of 2012



Address: Provincial Capitol Compound, Brgy. Guinhawa, City of Malolos, Bulacan

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4. The program is scheduled to be implemented on **April 30, 2026** at SDO Conference Hall. Nevertheless, in the event that the personnel can't come as scheduled, essential health services may be availed any time at their physical clinic located at 221 Tanjeco St., San Vicente, Malolos City, Bulacan, whenever needed.
5. Only Unregistered Employees shall register with the New QR Code prior to the day of laboratory examination.
6. The following documents are attached herewith for your reference.
 - Enclosure 1: Schedule of Free Physical and Laboratory Examination
 - Enclosure 2: QR Code for Unregistered Employees
 - Enclosure 3: List of Free Healthcare Services, List of Philhealth Gamot Medicines, Philhealth Gamot Program-Monthly Medicine Delivery
7. Immediate dissemination of this Memorandum is desired.


CECILIA E. VALDERAMA, PhD, CESO VI
Schools Division Superintendent
Office of the Schools Division Superintendent



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Enclosure 1: Schedule of Free Physical and Laboratory Exams

	Last Meal (Night Before)	Time of Extraction	Unit/ Section
April 30, 2026	6:30 PM	6:30 AM	HR, AO, FINANCE, SUPPLY, ICT
CONFERENCE ROOM	7:30 PM	7:30 AM	SDS, ASDS, CID UNIT
	8:30 PM	8:30 AM	SGOD UNIT, COA, LEGAL
	9:00 PM	9:00 AM	SCHOOL HEALTH UNIT
	10:00 PM	10:00 AM	PAYROLL, RECORDS, CASHIER, BUDGET

Enclosure 2: New QR Code for Unregistered Employees

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**REGISTRATION
SCAN HERE!**



REGISTRATION

TeleCure

221 Tanjeco St., San Vicente, Malolos City, Bulacan



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• **Enclosure 3:**

- List of Free Healthcare Services,
- List of Philhealth Gamot Medicines
- Philhealth Gamot Program- Monthly Medicine Delivery

ANNEX A

LIST OF FREE HEALTHCARE SERVICES

For Teaching and Non-Teaching Personnel Schools Division of Bulacan

Service Category	Specific Inclusions
Medical Consultation	General medical check-up with licensed physicians
Preventive Care	Physical examination, blood pressure monitoring, Body Mass Index (BMI) assessment
Laboratory Tests (Standard APE Package)	Complete Blood Count (CBC) with platelet count, Urinalysis, Fecalysis, Fasting Blood Sugar (FBS), Lipid Profile, Creatinine
Additional Laboratory Tests (Upon Physician's Request)	HbA1c, Oral Glucose Tolerance Test (OGTT), Pap Smear, Fecal Occult Blood Test, Sputum Microscopy
Imaging Services	Chest X-ray, Electrocardiogram (ECG)
Medicine Distribution	Essential prescription medicines covered under the PhilHealth GAMOT Program
PhilHealth YAKAP Registration Assistance	Verification, processing, and submission of YAKAP requirements for eligible personnel and dependents
Telemedicine Services	FREE virtual consultations for follow-up, monitoring, and health counseling
Clinic Follow-Up	In-clinic consultations, review of laboratory and imaging results, medication adjustments

All services are provided in compliance with the Universal Health Care Act, PhilHealth YAKAP and GAMOT guidelines, DOH standards, and the Data Privacy Act of 2012.



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ANNEX B

LIST OF PHILHEALTH GAMOT MEDICINES

For Teaching and Non-Teaching Personnel Schools Division of Bulacan

Category	Medicines
Antibiotics	Amoxicillin, Ciprofloxacin, Azithromycin, Clarithromycin, Cefixime, Co-amoxiclav, Clindamycin, Co-trimoxazole, Erythromycin, Nitrofurantoin, Cloxacillin, Metronidazole, Tobramycin
Antifungals	Clotrimazole, Fluconazole, Ketoconazole
Antivirals	Oseltamivir
Respiratory Medicines	Salbutamol, Fluticasone + Salmeterol, Budesonide + Formoterol, Ipratropium, Ipratropium + Salbutamol, Tiotropium
Anti-Allergy / Antihistamines	Chlorphenamine, Cetirizine, Diphenhydramine, Loratadine
Pain Relievers / Anti-Inflammatory	Aspirin, Ibuprofen, Mefenamic Acid, Naproxen, Celecoxib, Butamirate, Paracetamol
Gastrointestinal Medicines	Aluminum Hydroxide + Magnesium Hydroxide, Omeprazole, Oral Rehydration Salts
Cardiovascular Medicines	Amlodipine, Enalapril, Enalapril + Hydrochlorothiazide, Losartan, Telmisartan, Telmisartan + Hydrochlorothiazide, Valsartan, Valsartan + Hydrochlorothiazide, Atenolol, Metoprolol, Captopril, Diltiazem, Isosorbide Dinitrate, Isosorbide Mononitrate, Clopidogrel, Methyldopa, Clonidine



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Cholesterol & Lipid Medicines	Simvastatin, Atorvastatin, Rosuvastatin, Fenofibrate
Diabetes Medicines	Metformin, Gliclazide, Dapagliflozin
Neurologic / Pain Modulation	Gabapentin
Vitamins & Supplements	Ferrous Salt (Iron), Folic Acid + Iron, Zinc
Other Maintenance Medicines	Montelukast, Tamsulosin, Colchicine, Lagundi (Vitex negundo)

Medicines are dispensed monthly under the PhilHealth GAMOT Program, subject to eligibility and prevailing PhilHealth guidelines.

PHILHEALTH GAMOT PROGRAM – MONTHLY MEDICINE DELIVERY

Item	Details
Frequency	Monthly
Annual Medicine Budget	₱20,000
Purpose	Monthly replenishment and distribution of essential medicines
Coverage	Enrolled SDO teaching and non-teaching personnel
Cost to Beneficiaries	FREE



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