



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OF BULACAN

December 23, 2025

DIVISION MEMORANDUM
No. 615, s.2025

**CAPACITY BUILDING FOR HEALTH AND NUTRITION AND DRRM TEAMS:
STRENGTHENING COMPETENCE IN SPORTS INJURY MANAGEMENT.**

To: Assistant Schools Division Superintendents
Division Chiefs
Education Program Supervisors
Public Schools District Supervisors
School Health and Nutrition Unit
All Others Concerned

1. School Health has a crucial role in the seamless provision of comprehensive health services to learners and school personnel. As the healthcare landscape becomes increasingly complex, the need for our school Health personnel to continually enhance their abilities, expertise, and skills has never been more pressing.
2. To ensure the health, safety, welfare, prompt and effective medical care for injuries sustained during training and competitions of all participating learners, coaches, chaperones, management working committees, and service providers, this office will conduct 2 days live out training workshop to School Health and Nutrition personnel and DRRM – ERT in sports to be held in January 7 – 8, 2026, venue to be announced later.

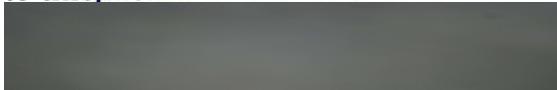
The objectives of this activity are:

- A. enhance knowledge on common sports-related injuries and their causes among learners and athletes.
- B. demonstrate proper first-aid and emergency response procedures for sports injuries, including fractures, sprains, strains, heat related illnesses, and concussions.
- C. apply standard protocols in injury assessment, immediate care, and referral to appropriate health facilities and
- D. strengthen coordination and response mechanisms between Health and Nutrition Units and DRRM Teams during sports-related emergencies.



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3. Enclosure No. 1 shows the list of participants
4. Immediate dissemination and compliance to this memorandum is desired.


CECILIA E. VALDERAMA, PhD, CESO VI
Assistant Schools Division Superintendent
Officer – In – Charge
Office of the Schools Division Superintendent



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Enclosure No. 1

LIST OF PARTICIPANTS

No.	NAMES	DESIGNATION
1	Nicole Andreanna Bulseco, MD	Medical Officer III
2	Vilma Q. Aguas, DMD	Dentist II
3	Pauleen D. Delos Santos, DMD	Dentist II
4	Chefer Froilan L. Fernandez, DMD	Dentist II
5	Gloria L. Ocaña, DMD	Dentist II
6	Maria Adora E. Pacificador, DMD	Dentist II
7	Roselle R. Ramos, DMD	Dentist II
8	Elmer J. Villareal, DMD	Dentist II
9	Cherrie T. Alba, DMD	Nurse II
10	Shirley C. Burgos, RN	Nurse II
11	Lucia Jane C. Chico, RN	Nurse II
12	Cecille C. Dineros, RN	Nurse II
13	Marites C. Evangelista, RN	Nurse II
14	Angeles Guevarra Jr., RN	Nurse II
15	Ma. Leonora Ignacio, RN	Nurse II
16	Gerry R. Inoncillo, RN	Nurse II
17	Yolanda G. Jimenez, RN	Nurse II
18	Gary L. Lopez, RN	Nurse II
19	Jean Rochelle M. Mendoza, RN	Nurse II
20	Marie Anthonette T. Panganiban, RN	Nurse II
21	Mariezel M. Sulit, RN	Nurse II
22	Melda L. Villanueva, RN	Nurse II
23	Maria Luisa De Jesus, RN	Nurse II
24	Joseph Jones C. Silverio, RN	Nurse II
25	Mylene B. Dela Cruz, RN	Nurse II
26	Precious S. Baluyot, RN	Nurse II
27	Amabelle Joyce N. Victoria, RN	Nurse II
28	Jezliah C. Ureta, RN	Nurse II
29	Mae Lyn C. Delos Santos, RN	Nurse II
30	Leandro S. Baluyot III, RN	Nurse II
31	Anita C. Apostol, RN	Nurse II
32	Sherwin D.R. Joaquin, RN	Nurse II
33	Julie Ann L. Mariano, RN	Nurse II
34	Kalvin Louis A. Jose, RN	Nurse II



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35	Kathleen Ruth C. Rabusa, RN	Nurse II
36	Karen Lyn C. Gonzales, RN	Nurse II
37	Mary Grace V. Yutoc, RN	Nurse II
38	Charity Grace V. Igaya, RN	Nurse II
39	Ma. Elaine A. De Guzman, RN	Nurse II
40	Catrine Edriane S. De Guzman, RN	Nurse II
41	Arminda R. Valentino, RN	Nurse II
42	Editha E. Bequizo, RN	Nurse II
43	John Paulo S. Trinidad, RN	Nurse II
44	Lester Jeo Libao, RN	Nurse II
45	Rod Christopher Tolentino, RN	Nurse II
46	Bernadette D.R. De Jesus, RN	Nurse II
47	Mary Celine M. Enriquez, RN	Nurse II
48	Analyn T. Cruz, RN	Nurse II
49	Job Angelo P. Bonus, RN	Nurse II
50	Danica Mae P. Domingo, RN	Nurse II
51	Edison De Ocampo	Dental Aide
52	Raul C. Espiritu	Dental Aide
53	Jose T. Isip	Dental Aide
54	Ferdinand S. Lugo	Dental Aide
55	Ramiro P. Pascual	Dental Aide
56	Ronald Climaco	Dental Aide
57.	Jay - Arr C. Tayao, DBA, EdD	DEPSvr/DSO
58.	Redhen Jade D. Velasquez	Technical Assistant I
59	Pedro G. Lacap	PDO II
60	Roy Oliver G. Fama	Carlos F. Gonzales HS
61	Mark Angelo G. Dela Cruz	San Rafael West
62	Jordan S. Ventura	Plaridel
63	Jonathan Igaya	San Rafael West
64	Gary Divino	Bustos