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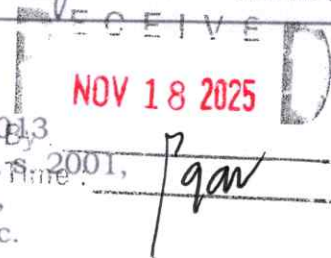


Republic of the Philippines
Department of Education
REGION III-CENTRAL LUZON

DepEd SOO of Bulacan Office of the SDS

Advisory No. 143, s. 2025
November 11, 2025

In compliance with DepEd Order (DO) No. 8, s. 2013,
this advisory is issued not for endorsement per DO 28, s. 2001,
but only for the information of DepEd officials,
personnel/staff, as well as the concerned public.
(Visit region3.deped.gov.ph)



FRESH Q TUBIG TALINO

Pursuant to DepEd Order 13, series of 2017, entitled "**Policy and Guidelines on Healthy Food and Beverage Choices in Schools and DepEd Offices**", which provides comprehensive guidelines to promote healthy eating habits among the school children and DepEd personnel by providing available healthy, nutritious, and affordable food and beverage in all public schools.

Fresh Tubig Talino is an iodine-fortified drinking water formulated by the Food and Nutrition Research Institute - Department of Science and Technology (DOST-FNRI) to help prevent Iodine Deficiency Disorders (IDD). Iodine is an essential mineral needed for the proper functioning of the thyroid gland which regulates **growth, metabolism, and brain development** especially among school children.

Fresh Q Tubig Talino drinking water may be an option to serve during the school and other DepEd activities part of the national effort to promote adequate nutrition and combat micronutrient deficiencies.

For reference, enclosed are the copies of microbiological analysis and physico-chemical analysis from the Hydrolab Company.

For inquiries, you may directly contact **Renz Alfred T. Cruz**, Proprietor- JRA Beverage Manufacturing through their office email address at freshqtubigtalino.jrabeverage@gmail.com or through these mobile numbers: 0960-215-2654 (viber), 0962-663-1822 and 0960 215-2654.

RONNIE S. MALLARI, PhD, CESO V
Regional Director

ESSD1/spp1
November 11, 2025



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