



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OF BULACAN

November 28, 2025

DIVISION MEMORANDUM
No. 582 s. 2025

**BULACANLUNGAN WEBINAR: PROMOTING MENTAL WELLNESS
AMONG BULAKENYOS**


To: Assistant Schools Division Superintendents
Chief Education Program Supervisors of CID and SGOD
Education Program Supervisors
Public Schools District Supervisors
Public Secondary School Heads
Division Youth Formation Coordinators
Supreme Secondary Learner Governments Advisers
All Others Concerned

1. Mental health is an essential aspect of overall well-being, especially for students who face academic pressures, leadership responsibilities, and personal challenges. In line with this, the Department of Education Schools Division of Bulacan's Division Federation Supreme Secondary Learner Government (DFSSLG) officers for School Year 2025-2026 will conduct an online activity titled **"BULACANLUNGAN WEBINAR: PROMOTING MENTAL WELLNESS AMONG BULAKENYOS"** on November 29, 2025 (Saturday), from 2:00 PM to 7:30 PM via Microsoft Teams. The said activity aims to promote mental wellness among Bulakenyos by providing educational materials, creating safe spaces for discussion, and fostering collaboration between student leaders across the Division. Through online postings, a short awareness video, a webinar with an experienced speaker, and the distribution of infographics and tarpaulins, students will be encouraged to care for their mental health and advocate for it within their schools and communities.
2. The objectives of this program are the following:
 - a. To raise awareness about mental health and its importance among student-leaders and learners;
 - b. To promote collaboration between DFSSLG and SSLG Officers in advocacy initiatives;
 - c. To provide educational and engaging materials (video, infographics, tarpaulins) to reach a wider audience; and
 - d. To encourage participation of student-leaders in mental health promotion and safe space creation.



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3. The participants in this activity are the Division Federation Supreme Secondary Learner Government (DFSSLG) officers, the Supreme Secondary Learner Government (SSLG) officers, the Yes-O officers and the Barkada Kontra Droga officers in public secondary schools in this Division for School Year 2025-2026, and the Division Youth Formation Coordinators.
4. For inquiries and clarifications, please contact the Division Youth Formation Coordinators through email at **bulacan.sgodyfp@deped.gov.ph**.
5. Immediate and widest dissemination of this Memorandum is desired.


CECILIA E. VALDERAMA, PhD, CESO VI ✓
Assistant Schools Division Superintendent
Officer-in-Charge
Office of the Schools Division Superintendent