



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OF BULACAN

July 3, 2025

DIVISION MEMORANDUM
No. 317, s.2025

ONE HEALTH WEEK FOR S.Y 2025 - 2026


To: Assistant Schools Division Superintendent
Division Chiefs
Elementary Public Schools District Supervisors
Elementary School Heads
District School-Based Feeding Program Advisers
Project Development Officers
School Health and Nutrition Unit

1. In line with the Department of Education's continuous effort to promote health and wellness among learners and personnel, SDO Bulacan will celebrate Health Week from July 7-11, 2025, pursuant to DepEd Memorandum No. 50, s. 2025.
2. The celebration aims to increase awareness of the importance of physical, mental, and emotional well-being through various school-based activities. The Theme is **"Healthy Mind, Healthy Body, Towards a Better Learning Environment."**
3. One Health week for the school year 2025 – 2026 will focus on promoting health and well-being within the education system, specifically under the Department of Education's "OK sa DepEd program. This aligns with DepEd's six flagship programs, including the School-Based Feeding Program, WASH in Schools, Adolescent Reproductive Health, National Drug Education, School Mental Health and Medical Services, as well as Dental and Nursing Services.
4. Per DepEd Memorandum No. 50, s. 2025. One Health Week is set from July 7 – 11, 2025. The Kick-Off ceremony will be held simultaneously on July 7, 2025, during the flag ceremony at the following schools:
 - Calumpit National High School
 - Dr. Felipe De Jesus National High School
 - San Miguel National High School
 - Assemblywoman Felicita G. Bernardino Memorial Trade School
 - Guiguinto National Vocational High School



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OF BULACAN

- Fortunato F. Halili National Agricultural School
5. The following activities shall be conducted during the week:
- a. Start of the health history intake and general head – to – toe assessment, and of oral health screening of all learners.
 - b. Catch-up vision and hearing screening of all kindergartners, grade 1 learners, and grade 7 learners.
 - c. Orientation promoting the use and significance of the OKY Philippines Menstrual Tracker Application.
 - d. Promotion of Nutritious and affordable food options
6. Activities initiated during One Health Week shall be continued throughout the school year in coordination with the School Health Personnel. All class advisers and designated coordinators are encouraged to actively participate and assist in the preparation and implementation of the scheduled activities. Learners are also encouraged to join in the celebration under the guidance of their teachers.
7. All expenses relevant to the conduct of this activity shall be charged against MOOE, subject to usual accounting and auditing rules and regulations.
8. Immediate dissemination and compliance with this memorandum are desired.


NORMA P. ESTEBAN, EdD, CESO V
Schools Division Superintendent