



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OF BULACAN

March 25, 2025

DIVISION MEMORANDUM
No. 168s. 2025

**OFFICIAL LIST OF DEPED SCHOOLS DIVISION OF BULACAN'S PARTICIPANTS
IN THE MENTAL HEALTH AND WELLNESS TRAINING FOR LEARNERS**

To: Assistant Schools Division Superintendents
Chief Education Program Supervisors of CID and SGOD
Education Program Supervisors
Public Schools District Supervisors
Public Elementary and Secondary School Heads
All Others Concerned

1. Pursuant to Republic Act No. 11036 also known as the Mental Health Act of 2018, Regional Memorandum No. 109, s.2025 titled "Mental Health and Wellness Training for Learners" with the theme "Breaking Barriers: Youth Leading the Sustainable Future", and Division Memorandum No. 135, s, 2025 titled "Mental Health and Wellness Training for Learners", this Office announces the official Department of Education Schools Division of Bulacan's participants in the said activity on March 31, 2025 – April 3, 2025 at Hacienda Gracia Resort and Hotel, Lubao, Pampanga.
2. The primary objective of this activity is to provide great opportunity to promote mental health and emotional wellbeing, prevent mental health problems and support learners who are experiencing emotional difficulties.

Furthermore, this activity aims the following:

- a. Educate learners about mental health, common mental health conditions, and the importance of mental wellness;
- b. Break the stigma surrounding mental health issues and encourage learners to seek help when needed;
- c. Provide strategies and techniques for coping with difficult emotions, managing stress, and overcoming challenges in healthy ways; and
- d. Create a supportive culture where mental health is prioritized and learners can seek support without fear of judgment enabling them to lead more balanced and fulfilling lives.



Address: Provincial Capitol Compound, Brgy. Guinhawa,
City of Malolos, Bulacan
Website: <https://bulacandeped.com>
Email: bulacan@deped.gov.ph



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3. Attached herewith is the Confirmation Form – List of DepEd SDO Participants in the said activity.
4. All learner-participants are requested to accomplish their respective Parent Consent and Waiver Form to be secured by the Division Learner Formation Coordinators and the Division Mental Health Coordinator. Please see the attached Regional Memorandum No. 109, s. 2025 for the copy of the Parent Consent and Waiver Form.
5. In connection to this activity, to showcase the entrepreneurial skills of the learners, the Schools Division Office of Bulacan will set up two entrepreneurial booths with the size of 2 meters x 2 meters) and each learner will bring the following materials for the art session:
 - a. Canvas size, 30 cm. x 40 cm.
 - b. 2 pencils
 - c. 1 sharpener
 - d. 2 paint brushes
 - e. 12 different poster painting colors
6. This Memorandum shall serve as the travel authority of the participants in the said activity.
7. Board and lodging of the participants shall be provided by the organizer; however, the travel and other incidental expenses of the participants shall be charged against the downloaded program support funds of learner formation/mental health program if available and/or available local funds/School MOOE subject to the existing government accounting and auditing rules and regulations.
8. For inquiries and clarifications, please contact the Division Youth Formation Coordinators through email at **bulacan.sgodyfp@deped.gov.ph**.
9. It is advised that this Memorandum shall be given immediate dissemination.


NORMA P. ESTEBAN, EdD, CESO V
Schools Division Superintendent



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Mental Health and Wellness Training for Learners
"Building Resilience: Nurturing Mind, Body, and Spirit"
Hacienda Gracia Resort and Hotel, Lubao, Pampanga

CONFIRMATION FORM

Division: **BULACAN**

Date/Batch No.: **March 31, 2025–April 3, 2025 / 5**

No.		Name of the Participant	School/Station	Contact Person	Parent/ Guardian Contact Number
1	Division Learner Formation/ PDO in School	Engelbert S. Dela Cruz	DepEd SDO Bulacan	Jenny Lyn S. Dela Cruz	09530725551
2		Mariel T. Austria	DepEd SDO Bulacan	Rommel L. Austria	09173253578
3		Ron Dionisio V. Perez	DepEd SDO Bulacan	Ronnie Perez	09435737081
4		Redhen Jade D. Velasquez	DepEd SDO Bulacan	Erikka M. Mendoza	09268910956
5		Vincent T. Dullete	Norzagaray East	Emerinne Joy Durable	09254878736
6		Pamela Niña A. Sison	Romeo Acuña Santos MHS Batia HS Guiguinto NVHS Annex	John Vher G. Sison	09950241720
7		Jashel S. David	San Miguel Central	Joselito V. David	09615572451
8	Division Mental Health Coordinator	Catrine Edriane S. De Guzman	DepEd SDO Bulacan	Jeffrey De Guzman	09691484171
9	SHS Learners	Jaylyn S. Madrigal	Dr. Pablito V. Mendoza Sr. HS	Jayson J. Madrigal	09359251300
10		Kim Bryan L. Lacson	Felizardo C. Lipana NHS	Josephine L. Lacson	09658711917
11		Dhyrene Ann C. Nuñesco	Upig HS	Sherilyn C. Nuñesco	09668290592
12		Mark Lawrence O. Vistan	Sta. Lucia NHS	Michelle Vistan	09777432598



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13	SHS Learners	Gene Frederick Cabrerros	Fortunato F. Halili NAS	Imelda C. Cabrerros	09955245926
14		Briyen Rafael P. Bernabe	Vedasto R. Santiago HS	Lorena Piadozo	09352841467
15		Dustine Kim V. Mangalindan	Lolomboy National High School	Violeta V. Mangalindan	09531075227
16		Louise Veronica Romero	Parada National Highschool	Edgardo Romero	09263335228
17		Amibelle DC. Almacin	San Miguel NHS	Imee C. Dela Cruz	09271901641
18		Beatriz Manalese	San Ildefonso NHS	Ma. Cristina E. Manalese	09434657941
19		Johnwell P. Dela Cruz	Emilia Perez Ligon HS	Evangeline Reyes	09075230704
20		Catalino III DC. Dela Cruz	San Ildefonso NHS	Annaliza D. Dela Cruz	09755502251
21		Vince Michael De Leon	Calumpit NHS	AzenithB. de Leon	09972867038
22		Christian Dale Jacob	San Pedro NHS	Sally A. Tawat	09512311102
23		Jan Margaret B. Asis	Minuyan NHS	Janice Asis	09332217572
24		Emmanuel Delos Santos	Obando School of Fisheries	Valentin M. Delos Santos	09109632120



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25	SHS Learners	Marc Jeizon M. Soriano	Senior High School within Luis Gravador Elem.School	Carla Celene L. Mariano	09504439237
26		Jheca Rose R. Valenzuela	Laura De Leon Halili HS	Ehrica Rose ROSE R. Valenzuela	09957089114
27		Trixie A. Cruz	Bunsuran NHS	Jennifer Agregado	09051587005
28		John Mark C. Arnaiz	Prenza NHS	Amalia C. Arnaiz	09216529335
29		Viele Z. Marcelo	Binagbag NHS	Ruby Rose Z. Marcelo	09358992373
30		Andrie Daniel G. Gumabon	Carlos F. Gonzales HS	Mary Grace G. Gutierrez	09776805461
31		Yishin Gail J. Dionisio	Maronquillo NHS	Elizabeth J. Dionisio	09914384663
32		Trixie G. Vicente	Balagtas NAHS	Rowena G. Vicente	09953489788
33		Rhamly DC. Burgos	Doña Candelaria Meneses Duque NHS	Amy P. Dela Cruz	09423955133
34		Kyle Christian Aclaro	Jose J. Mariano MHS	Cynthia Aclaro	09499443544
35		Paulo Ortila Garcia	San Roque NHS	Gina O. Garcia	09706649042
36		Godfrey M. Magtalas	Dampol 2ND NHS	Jonie C. Magtalas	09513485325



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37	SHS Learners	Lemuel U. Santos	Dampol 1st NHS	Maria Annie T. Santos	09174537499
38		Rodaly Joyce C. Alejandrino	Alexis G. Santos NHS	Dolly Alejandrino	09995035926
39		Eunice M. Calara	Felizardo C. Lipana NHS	Vilma Medina	09757644515
40		Shane Trisja Casandra Santos	Akle HS	Sherrie Belle Mae F. Santos	09695714526
41		Reymart C. Hernandez	San Miguel-Meysulao HS	Peñafrancia C. Hernandez	09703048823
42		Eunice Lorraine V. Rivera	Catmon NHS	Rose Marie V. Rivera	09061861695
43		Zach Adriel Y. Galang	John J. Russell MHS	Grace Y. Galang	09551148084 09085158406
44		Jennel C. Diola	Iluminada Roxas-Mendoza Memorial High School	Jennet C. Diola	09631546629
45		Leaned Dela Cruz	Sta. Maria National Highschool	Elena Dela Cruz	09334714619
46		Angelo Jr. G. Santos	San Miguel NHS	Annie G. Santos	09062501821
47		Sayuri Takeda	San Ildefonso NHS	Annaliza C. Sevilla	09305833056
48		Lorraine E. Fajardo	Partida NHS	Josephine E. Fajardo	09815790581



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49	SHS Learners	Xyrish Anne A. Pacis	Pulong Buhangin NHS	Johanna A. Pacis	09091967616
50		Princess Jhelhan M. Quiambao	Caniogan HS	Marylan M. Quiambao	09478915702
51		Lyra Margaret Perez	San Pedro National High School	Shienalyn V. Perez	09461834805
52		Shaine Ashley S. Ortega	Julian B. Sumbillo High School	Charina S. Ortega	09127538632
53		Jai Gabriel Pancho	Jaime J. Vistan High School	Lea E. Dondiog	09670345520
54		Jay Marc C. Dalde	North Hills Village HS	Blez Q. Cortez	09360254494
55		Nashralene V. Banawa	Laura De Leon Halili HS	Caroline V. Banawa	09187735209
56		Hannah Lorraine L. Ramos	Bunsuran NHS	Melanie L. Ramos	09324647152
57		Allen Iverson Gonzales	Heritage Homes Integrated School	Josephine Gonzales	09674615305
58		Jasmeene S. Tappa	President Diosdado P. Macapagal MHS	Nairuz DR. Sanchez	09661802845
59		Clarence Jefferson T. Bulatao	Carlos F. Gonzales HS	Norrie T. Bulatao	09976723400
60		Noeve Princess V Perez	San Rafael National Trade School	Evelyn V. Perez	09173222159



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61	SHS Learners	Kylie Allanea G. Ticong	Balagtas NAHS	Kevin Caile G. Ticong	09458855959
62		Carl Joseph L. Cabulong	Doña Candelaria Meneses Duque NHS	Roland G. Cabulong	09469246167
63		Ma. Cheska Khim A. Enriquez	Dampol 1ST NHS	Nely A. Enriquez	09560335065
64		Rhian Ysabel V. Robles	San Roque NHS	Reynaluz V. Robles	09288716832
65		Khatelyn Jewel R. Caste	Bajet-Castillo HS	Lyka R. Caste	09517122122
66		Sean Elijah Silvero	Obando NHS	Gladiolie Silverio	09350182910
67		Aleah Faith R. Sabio	Virginia Ramirez-Cruz NHS	Monina R. Sabio	09542694822
68		Lian Chariz V. Evangelista	Carlos F. Gonzales HS	Marian V. Evangelista	09938117133
69		Engelbert O. Sacristan	Fortunato F. Halili NAS	Erlinda O. Sacristan	09325984285
70		Ezekiel O. Ebalan	Balagtas NAHS	Gracia O. Ebalan	09999764948
71		Cydcariisse M. Bantiles	Cambaog NHS	Mhae M. Bantiles	09327651953
72		Noemi German	Norzagaray National HS	Mary Ann G. Bardon	09278768199



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73	SHS Learners	Fhiona Collien DP. Boquiren	Norzagaray National HS	Cherry Loida DP. Boquiren	09475923934
74		Jairus Lei Santos	Pinalagdan HS	Laarnie B. Santos	09750039249
75		Airavela Cruz	Jose J. Mariano MHS	Juvilee S. Cruz	09298154227
76		Felomena Trofeo	Tiaong NHS	Rogelio Trofeo	09321848688
77		Lady Rinoa Rabino	President Diosdado P. Macapagal MHS	Ma. Miany M. Rabino	09056758115
78		Maico Angela Butal	Aguinaldo J. Santos High School	Angelica Butal	09654772818
79		Mar Luis N. Fajardo	Bunsuran NHS	Maria Lourdes N. Fajardo	09771069384
80		Briezel Perona	Iba NHS	Bechie L. Perona	09073725728
81		Clark Kent De Jesus	Prenza NHS	Edgar C. De Jesus	09153178935
82		John Michael Joson	Calawitan NHS	Marybell A. De Guzman	09765355428
83		Reign Velasquez	Minuyan NHS	Annie Debby A. Escaran	09064970236
84		Jamelle Carmeli V. Agasid	Guiguinto National Vocational HS	Jacqueline G. Velasco	09154269594



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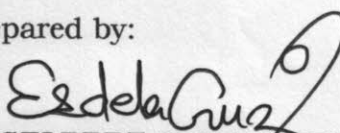
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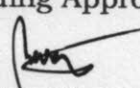
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85	SHS Learners	Charles Payawal	San Miguel NHS	Grace T. Payawal	09178410824
86		Ericalyn Gailo	Lolomboy NHS	Arlyn P. Gailo	09319066055
87		Rhian Allysa C. Villanueva	Sta. Cruz NHS	Arabelle C. Villanueva	09813840105
88		Nica Joy Rheymhielle A. Dela Cruz	Alexis G. Santos NHS	Ma. Joymie A. Dela Cruz	09262986285
89		Cj D. Abunda	Mapulang Lupa HS	Armie Joana Abunda	09485804634
90		Ronn Jasper P. Austria	Santa Cruz HS	Marichu Austria	09301581082

Prepared by:


ENGELBERT S. DELA CRUZ
Division Learner Formation Coordinator

Recommending Approval:


RAINELDA M. BLANCO, PhD
Chief, SGOD

Approved:


NORMA P. ESTEBAN, EdD, CESO V
Schools Division Superintendent