



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OF BULACAN

October 17, 2024

DIVISION MEMORANDUM

No. 49 s. 2024

DEBRIEFING ON PSYCHOSOCIAL MENTAL HEALTH

To: Assistant Schools Division Superintendents
Division Chiefs
Public Schools District Supervisors
Secondary School Heads
Assistant Principals
All Others Concerned

1. World Mental Health Day is being celebrated every 10th day of October. This year's theme is "Mental Health at Work". It highlights the vital connection between mental health and work. Safe, healthy working environments can act as a protective factor for mental health. Unhealthy conditions including stigma, discrimination, and exposure to risks like harassment and other poor working conditions, can pose significant risks, affecting mental health, overall quality of life and consequently participation or productivity at work. This Office shall conduct a debriefing on psychosocial mental health on October 18, 2024 at 8:30AM at Casa Cirila, Bulihan, Plaridel, Bulacan.
2. This is to help government agencies, employers and other stakeholders responsible for workers' health and safety to work together to improve mental health at work. Action to address mental health at work should be done with the meaningful involvement of workers and their representatives, and persons with lived experience of mental health conditions. By investing efforts and resources in evidence-based approaches and interventions at work, this ensure that everyone has the opportunity to thrive at work and in life.
3. Participants to this activity are secondary school heads and assistant principals of the senior high school program.



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4. This Memorandum shall serve as travel authority for all participants.
5. Transportation expenses relevant to the conduct of this activity shall be charged against to school local funds subject to usual auditing and accounting rules and regulations.
6. Health protocols shall be observed in the conduct of this activity to prevent the spread of any infectious diseases. Health personnel from the school health section are expected to be present at the venues throughout the conduct of this activity.
7. Immediate dissemination of this Memorandum are earnestly desired.


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Schools Division Superintendent