



Republic of the Philippines
Department of Education
REGION III
Schools Division Office of Bulacan

DIVISION MEMORANDUM
No. **225** s. 2024

June 24, 2024

**ANNUAL LABORATORY AND PHYSICAL EXAMINATION OF TEACHERS
AND SCHOOL-BASED NON-TEACHING PERSONNEL**

- To: Assistant Schools Division Superintendents
Division Chiefs
Public Schools District Supervisors
Public Elementary and Secondary School Heads
All Others Concerned
1. Anent to DepEd Memo No. 22 s 2015 entitled Annual Physical Examination of All Dep Ed Employees (Teaching and Non-Teaching Personnel), and as per RA 11223 or the Universal Health care Act and it's Implementing Rules and Regulations, all teaching and non-teaching personnel are required undergo an Annual Physical Examination.
 2. Moreover, all personnel shall submit laboratory results to School Health Section for further evaluation, management and referral.
 3. The activity aims to determine the annual health status of employees to detect the occurrence of illness (PTB, Hypertension, Diabetes Mellitus) if it has already set in and thereafter, prevent it's further progression, if not totally treat it; and to ensure that all personnel are physically, mentally and emotionally fit to perform at their best in the delivery of their mandated services.
 4. Laboratory examination can be availed on a chosen laboratory provider and can utilize use their HMOs.
 5. Annual Laboratory and Physical Examination Package include the following:
 - Complete Blood Count
 - Urinalysis (Macroscopic and Chemical Examination)
 - Fasting Blood Sugar
 - BUN
 - Creatinine
 - Blood Uric Acid
 - Lipid Profile
 - SGPT
 - SGOT
 - Alkaline Phosphate
 - Serum Sodium



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- Serum Potassium
 - 12 Lead ECG
 - Chest X-ray
6. All employees who shall undergo laboratory examinations are advised not to take anything by mouth (NPO) after midnight until the tests are done the following morning.
 7. Laboratory results must be submitted to respective District Offices for elementary schools and n to their School Offices for secondary schools and be channeled to assigned School Health Nurses on or before July 22,2024 for monitoring and consolidation.
 8. It is expected that all participants in the conduct of this activity shall observe minimum health protocols to prevent the spread of COVID-19 virus any infectious diseases.
 9. Immediate and wide dissemination of this Memorandum is desired.
 10. For strict compliance.


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Schools Division Superintendent



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