

Republic of the Philippines

Department of Education region in schools division of bulacan

March 18, 2024

DIVISION MEMORANDUM

NO. 44 s. 2024

REITERATION OF PRECAUTIONARY MEASURES FOR THE SUMMER SEASON

To: Assistant Schools Division Superintendent
Division Chiefs
Education Program Supervisors
Public Schools District Supervisors
Public Elementary and Secondary School Heads
Elementary and Secondary School DRRM Coordinators
All Others concerned.

- 1. As summer heat continuous based on the daily weather forecast of different agencies that provides public information, the daily average temperatures will incline on the month of May with the transition to El Nino 2024. Extreme heat may cause heat cramps, and heat stroke which may lead to unfavorable health condition to learners and school personnel.
- 2. It is important to take necessary precautions to ensure safety and well-being of our learners, teachers, and employees. The following guidelines should be followed.
 - a. Stay hydrated: during hot weather, it is important to stay hydrated by drinking plenty of water and avoiding sugary drinks.
 - b. Sun Protection: Wear a hat, sunglasses, and sunscreen with SPF to protect the skin from harmful UV rays of the sun.
 - c. Be cautious with outdoor activities: avoid strenuous outdoor activities during the hottest parts of the day. Schedule outdoor activities during the early morning or late afternoon when the temperatures are cooler.
 - d. School drills shall be conducted in the morning to avoid heat exhaustion among learners and teachers.
 - e. Physical Education and Agriculture outdoor activities shall be planned properly to avoid related incidents.
 - f. Everyone is encouraged wearing comfortable clothing, uniform is optional.
 - g. Encourage learners to bring face towel to be used to freshen-up.







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- h. It is suggested to bring foldable fan, or fan (abaniko)
- i. Update the rescue hotline numbers; all teachers shall save in their cellphone.
- j. the rescue hotline numbers for immediate coordination and on time possible rescue responses.
- 3. By following these precautionary measures, this Office can ensure a safe and healthy summer season for everyone. For queries and clarification, please contact Mr. Pedro G. Lacap at 09332411988.
- 4. Immediate dissemination of this Memorandum is enjoined.

NORMA P ESTEBAN, EdD., CESO V Schools Division Superintendent

sgod-drrm March, 2024







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