



Republic of the Philippines
Department of Education
REGION III
Schools Division Office of Bulacan

January 05, 2024

DIVISION MEMORANDUM

No. 018 , s. 2024

DIVISION REFRESHER COURSE AND CAPACITY BUILDING FOR TEACHER COACHES AND OFFICIATING TOURNAMENT OFFICIALS IN PREPARATION FOR PAM, CLRAA, AND PNQM/PP 2024

To: Assistant Schools Superintendents
CID and SGOD Chiefs
Public School District Supervisors/Education Program Supervisors
Public Elementary and Secondary School Heads
Bulacan Private Schools Associations
All Others Concerned

1. Pursuant to DepEd Memorandum no.005, s. 2023 entitled "Conduct of the 2023 Palarong Pambansa" and Division Memo 449, s. 2023 entitled "2024 Bulacan Provincial Athletic Meet," this Office in coordination of Bulacan School Sports Association Inc. (BSSA, Inc) shall conduct Division Refresher Course and Capacity Building for Teacher Coaches and Officiating Tournament Officials in preparation for PAM, CLRAA, and PNQM/PP 2024 on January 15 to 19, 2024, 5 days for Combative Sports (January 15-19, 2024) and 3 days for Non-Combative Sports (January 15-17, 2024) at a venue listed in the Enclosure B and the 1st 2days of the event, January 15-16, 2024 is Online as per Training Matrix.
2. This activity aims to orient the participants on the new policies and guidelines on the return to sports; apprise them of how to shape a safe and healthy playing environment and provide updates on the current trends in sports coaching and officiating. Specifically, this course shall:
 - a. Capacitate the participants on the new policies and guidelines on the return to sports;
 - b. Draft training plans that will elevate learner athletes' performance; and
 - c. Cultivate a positive coaching environment that can create a positive and inclusive team atmosphere that fosters athlete growth and well-being.
- d. Participants on these refresher courses are new teacher-coaches and teacher-officiating officials as new members of BSSA, Inc. All participants need to pre-registered at:
<https://docs.google.com/forms/d/e/1FAIpQLSeHr8RFxyEESCopNr2FF5OvIH0VVrszVqifltPH8epmAgDOrQ/viewform> on or before January 13, 2024. They are expected to bring the required equipment as prescribed by the resource speakers and tournament managers during their corresponding face-to-face break-out session.



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- e. In adherence to DepEd Order No. 9, s. 2005, Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith, school heads of the concerned participants are expected to make necessary arrangements with the class programs that may be affected, if any, due to their participation to this activity.
- f. This Memorandum shall serve as the travel authority of all participants.
- g. Transportation, meals, and other expenses that may be incurred in the conduct of this activity shall be charged against school MOOE and local funds while meal and other expenses shall be charged against DIVISION INSET fund both subject to the usual accounting, auditing rules and regulations.
- h. Enclosure No. A is the Matrix of Activities while Enclosure No. B is the List of Events, members of the monitoring teams and training committee as references.
- i. It is expected that all participants observe the minimum health standard protocols as pre-emptive interventions to combat any infectious diseases.
- j. Immediate dissemination of this Memorandum is desired.


NORMA P. ESTEBAN, EdD, CESO V
Schools Division Superintendent



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Enclosure A to D.M. No. 016, s.2024

TRAINING MATRIX

TIME	DAY 1 January 15 (Online)	DAY 2 January 16 (Online)	DAY 3 January 17 (Onsite)	DAY 4 January 18 (Onsite)	DAY 5 January 19 (Onsite)
8:30 – 9:00	Opening Program	MOL	Training Matrix per TM Combative Sports (5 days) Non-Combative Sports (3 days)		
9:00 – 10:00	Inspirational Message Norma P. Esteban, EdD, CESO V Schools Division Superintendent Statement of Purpose/ Introduction to Plenary Speaker & Presentation of Speakers Jay-Arr C. Tayao, DBA DEPS – SGOD Division Sports Officer Sports Clinic Orientation/ Comprehensive Schools Sports Development Program/ Sports Grassroots Development Program Speaker: from C.O.	Digitalization/Digitization in Sports Joel I. Vasallo, PhD DEPS in TLE	BREAK- OUT SESSION	BREAK- OUT SESSION	BREAK- OUT SESSION
10:00 – 11:00	Documentary Requirements; Eligibility of Officiating, Athletes, Coaches, and Chaperons Virgilio G. Alejandro Overall Chairman, Screening Committee (DSAC)	Training Theory and Program Andres Dionisio, PhD HTVI-MAPEH Holistic Preparations of Athletes and Coaches			



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11:00 – 12:00		Arnold Dela Cruz Teacher-Coach, JILCF Combative Sports			Closing Program for Combative Sports
		Mark Lee Sarmiento HTII/OIC-Talbak HS Non-Combative Sports			
12:00 – 1:00	LUNCH BREAK				
1:00 – 2:00 2:00 – 3:00	Sports Nutrition Dr. Carlo Angelo Castillo Div. Medical Officer III	Learner's Rights and Protection Policy in the Conduct of Sports	BREAK-OUT SESSION		
3:00 – 4:00	First Aid Treatment for Common Sports Injuries Jeo Angelo Libao, RN Division Nurse II	Dr. Eleseo Godoy DEPS-ESP Christian Dela Cruz, RGC, Rpm. PDO I, YFP			
4:00 – 5:00	Presentation of BSSA, Inc. Officers and Recap of Day 1 Lamberto Nicolas HTII-MAPEH BSSA, Inc. President	Reminders from the Technical Working Group for the F2F Break-out Session and Recap of Day 2	Closing Program for Non-Combative Sports		

Enclosure B to D.M. No. 018, s.2024

Technical Working Group:

Bulacan Schools' Sports Association, Inc.

- Lamberto A. Nicolas
- Oliver M. Mangao
- Rosalie U. Reyes
- Ranulfo M. Jose
- Levie H. Cruz
- Bryan B. Sarmiento
- Raymond P. Pajotagana
- Myla C. Dela Vega
- Elvie C. Mangahas
- Engr. Herbe A. Mirano
- Arnold V. Dela Cruz
- Ma. Leah F. Dalangin

- Taal HS
- Duhat ES (Bocau District)
- Mariano Ponce NHS
- Prenza NHS
- Malis ES (Guiguinto District)
- SMNHS (SHS)
- Sta. Rosa I ES (Marilao North)
- Dr. Felipe de Jesus NHS
- North Hills Village HS
- EMMC, Inc.
- JILCF
- Dampol 2nd NHS



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Advisers/Consultants:

Jay - Arr C. Tayao, DBA - DEPS I, SGOD/DSO
 Ariston E. Manuel - EPS I, MAPEH/ADSO
 Joel I. Vasallo, PhD - EPS I, TLE/ADSO

QATAME

- Cecille E. Cruz (EPS II-SGOD SMME)
- Ma. Lourdes J. Patag (SEPS-SGOD SMME)

NO.	EVENT	VENUE	Place	MONITORING TEAM
1	Archery	SMNHS	San Miguel, Bulacan	ESPERANZA A. GONZALES, HT VI - SMNHS
2	Arnis	VRSHS	San Miguel, Bulacan	LUCIANO DELA CRUZ, HT III - SINHS
3	Athletics	Bulacan Sports Complex	Sta. Isabel, City of Malolos	GILBERT S. SANTOS HT III- SAN ROQUE NHS LAMBERTO A. NICOLAS, HTII-TAAL HIGH SCHOOL MARIA ELENA G.DELA CRUZ, HT I - STA. MARIA NHS EUGENIO D. GARCIA, HT III - DFDJNHS
4	Badminton	JCAS	Mabolo, City of Malolos	ANDRES C. DIONISIO HT III - GUIGUINTO VOC.HS RANDY C. CONCEPCION, HT III- BNAHS
5	Baseball/Softball	Bulacan Sports Complex	Sta. Isabel, City of Malolos	REGELADO P. HERNANDEZ , HT V - FCLNHS
6	Basketball	Bulacan Sports Complex	Sta. Isabel, City of Malolos	JOHN LEXTER R. PAYUMO, HT III- VEDASTO R. SANTIAGO HS
7	Billiard	Banga High School	Banga 2nd, Plaridel, Bulacan	ENRICO C. VILLANGCA, HT III- CARLOS F. GONZALES HS
8	Chess	DFDJHS	Agnaya, Plaridel, Bulacan	RANULFO M.JOSE, HT VI-PRENZA NHS
9	Dancesports	Guiguinto District Hall	Guiguinto, Bulacan	EDUARDO M. GIRON, HT V- FFHNHS
10	Football	FFHNAS	Guyong, Sta. Maria, Bulacan	ROSALIE H. TIANCHON HT III - PULONG BUHANGIN NHS
11	Futsal	GNVHS	Guiguinto, Bulacan	IMELDA DT. MATEO, HT II - MINUYAN NHS
12	Aero Gymnastics	Norzagaray ES-NW	Norzagaray, Bulacan	RUFINA Z.TRINIDAD, HT III - NORZAGARAY NHS
13	Men's Artistics Gymnastics	Norzagaray ES-NW	Norzagaray, Bulacan	RUFINA Z.TRINIDAD, HT III - NORZAGARAY NHS
14	Women's Artistics Gymnastics	Norzagaray ES-NW	Norzagaray, Bulacan	RUFINA Z.TRINIDAD, HT III - NORZAGARAY NHS
15	Rhythmic Gymanstics	Norzagaray ES-NW	Norzagaray, Bulacan	RUFINA Z.TRINIDAD, HT III - NORZAGARAY NHS
16	Sepak Takraw	Brgy. Guinhawa Covered Court	Brgy. Guinhawa, City of Malolos	NOEMI ESPERO, HT I - BUNSURAN NHS
17	Swimming	Bulacan Sports Complex	Sta. Isabel, City of Malolos	JOY ROCIO, HT III - OBANDO NHS
18	Table Tennis	COLM Pulilan Basic Education Campus	Sto. Cristo, Pulilan, Bulacan	ALONA SAMSON, HT III - FVRHS ROMMEL P. SAYSON, HT II - AFGBMTS
19	Taekwondo	Balagtas Central School	Balagtas, Bulacan	ROWENA A. ANDRADE, HT III - PARADA NHS
20	Tennis	Bulacan Sports Complex	Sta. Isabel, City of Malolos	MA. LEA F. DALANGIN, HT II- DAMPOL 2ND HS
21	Volleyball	Bulacan Sports Complex	Sta. Isabel, City of Malolos	ROSALIE U.REYES, HT III -MPNHS
22	Wushu	Banga High School	Banga 2nd, Plaridel, Bulacan	ROWENA A. ANDRADE, HT III - PARADA NHS
23	Wrestling	Bulacan Sports Complex	Sta. Isabel, City of Malolos	RONNIE REYES, HT I - BAJET CASTILLO HS
24	Boxing	Marilao Central Integrated School	Marilao, Bulacan	RONNIE REYES, HT I - BAJET CASTILLO HS
25	Special Event (Para-Games)	Congressman Erasmo CES	Sta. Isabel, City of Malolos	MELUNDA P. ROMERO, HT VI -VIRGINIA RAMIREZ-CRUZ NHS MARY JOY G. ROCIO, HT III - OBANDO NHS
26	Cheerdance / Galaw Pilipinas	LDVTS	Ulingao, San Rafael, Bulacan	JOCELYN C. QUIAMBAO, PhD, HT III - DAMPOL 1st NHS
27	E-games	SDO Bulacan ICT-Studio	City of Malolos, Bulacan	ELESEO E. GODOY, PhD - SDO BULACAN



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