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 Officer-In-Charge
 Office of the Schools Division Superintendent
SCHOOLS DIVISION OF BULACAN

Republic of the Philippines
Department of Education
 REGION III-CENTRAL LUZON

ADVISORY
 No. 0001 s. 2023

REC'D
 JAN 05 2023
 By: *[Signature]*
 Time: 10:00
 RECEPTION
 JAN 05 2023

TO : Schools Division Superintendents

FROM : **MAY B. ECLAR, PhD, CESO III**
 Regional Director

SUBJECT : **Hand, Foot and Mouth Disease**

Date : January 4, 2023

Attached is a letter from Corazon I. Flores, MD, MPH, CESO IV, Director IV, Department of Health, Region III regarding on the Hand, Foot and Mouth Disease advocacy and prevention.

For information and guidance.

ESSD/csp



Address: Matalino St., D.M. Government Center, Maimpis, City of San Fernando (P)
 Telephone Number: (045) 598-8580 to 89 • Email Address: region3@deped.gov.ph





December 14, 2022

MAY B. ECLAR, PhD, CESO III
Regional Director
Department of Education
Regional Office III, City of San Fernando, Pampanga

DEC 18 2022

Dear Director Eclar:

Hand, Foot and Mouth Disease (HFMD) is an infectious disease that occurs most often in children, but can also occur in adolescents and occasionally in adults and even pregnant women. The HFMD is caused by enteroviruses which includes Coxsackievirus A16 (CA16) and Enteroviruses 71 (EV71). Although a self-limiting disease, this is of particular concern as it can spread fast and may cause severe disease in children, sometimes resulting in death.

As of December 3, 2022, a total of 501 cases were reported from the Regional Epidemiology and Surveillance Unit. Majority of these cases are from the provinces of Zambales and Bulacan, also an increasing case reports were noted from the provinces of Nueva Ecija and Bataan. In line with the health events and surveillance updates on the increasing cases of HFMD here in Central Luzon, the Public Health Services Team (PHST) of the Department of Health recommends the following activities to anticipate possible clustering/increase of cases and to further prevent its spread.

1. Provision of functional (i.e always with water and soap) handwashing facilities within school premises
2. Utilize information education campaign about HFMD and proper handwashing to students, teachers and other school staff through this link: (bit.ly/HFMDiec)
3. Regular disinfection of classrooms, public areas with congregate settings
4. Advice parents to also observe other family members for signs and symptoms; and seek immediate medical care, when there are present.

In connection with this, we would like your health care team, teachers and other school staff from your regional and local counterparts to advocate in the prevention of HFMD. For any queries, kindly contact Ms. Kathleen Marie M. Rodriguez at nos. 0945-370-3480 or via email at fwbd@centralluzon.doh.gov.ph

Thank you for your usual support in all our health endeavors.

Very truly yours,


CORAZON I. FLORES, MD, MPH, CESO IV
Director IV

Vision:
A dependable LEADER in health.

Mission:
Guarantee access to quality health care in Central Luzon that is responsive, equitable and resilient.

Compassion
Sensitive to the needs and feelings of others
Teamwork
Working in harmony.

Core Values:
Integrity
Exhibits honesty, accountability and consistency in performing our duties.
Excellence
Striving for the best.

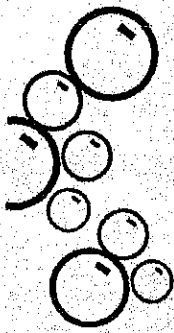




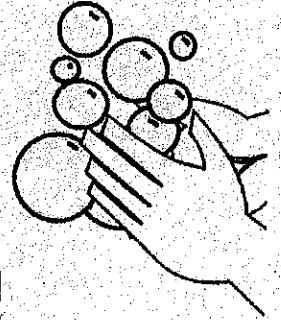
Republic of the Philippines
DEPARTMENT OF HEALTH

CENTRAL LUZON CENTER FOR HEALTH DEVELOPMENT

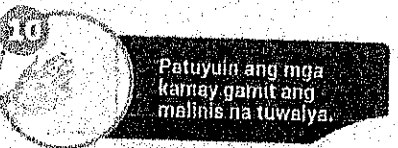
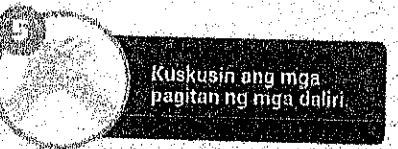
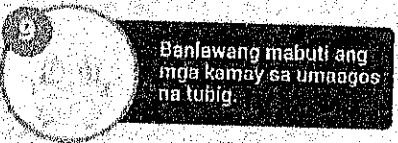
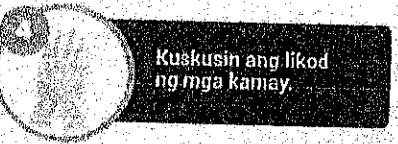
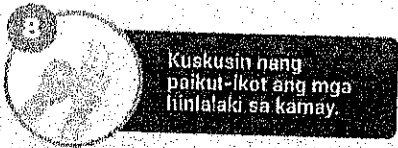
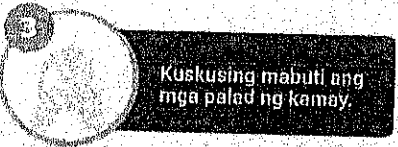
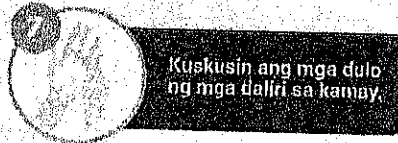
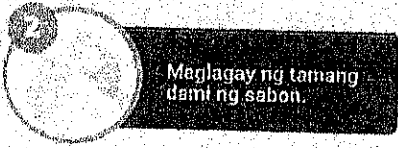
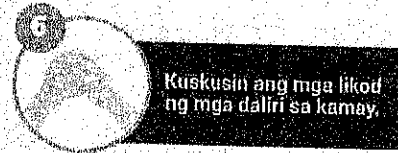
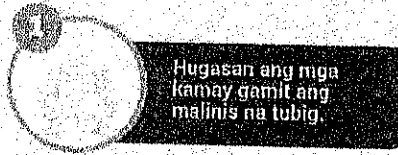
Maalaga St., Diosdado Macapagal Government Center, Brgy. Maimpis, City of San Fernando, Pampanga
Tel no. (045) 861-3425 to 29 | website: <https://centralluzon.doh.gov.ph> | email address: rd@centralluzon.doh.gov.ph



OCTOBER 15
GLOBAL HANDWASHING DAY



Tamang paraan ng Paghuhugas ng Kamay



Sama-samang ikaway,
MALILINIS NA KAMAY!

**Health
is Life!**

DOHcentralluzon @DOHcentralluzon centralluzon.doh.gov.ph (045) 861-3425 to 29

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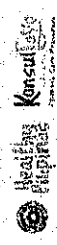
May lagnat, masakit ang lalamunan at walang ganang kumain ba si bunso?

Ilan yan sa mga sintomas ng HFMD! Magpa check up agad sa doktor para maagapan at masimulan na ang gamutan!



Commonly known as blisters, HFMD is a highly contagious viral infection.

DOHHealthyFilipinas @DOHgovph healthphilippines.ph (02) 894-COVID / 1555



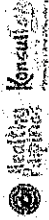
Ugaliin ang paghuhugas ng mga paa at kamay!

Para iwas HFMD at iba pang sakit sa loob ng bahay!



Handwashing is one of the most important ways to prevent HFMD and other highly contagious infections.

DOHHealthyFilipinas @DOHgovph healthphilippines.ph (02) 894-COVID / 1555



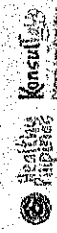
Si bunso na wala pang edad 10 y/o ang kadalasang dimadapuan ng HFMD!

Kaya dapat ugaliin ang paghuhugas ng kamay bago at pagkatapos hawakan si bunso. Para iwas sakit tulad ng HFMD!



Commonly known as blisters, HFMD is a highly contagious viral infection.

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Nauubo? Nababahing? Huwag magkalat ng virus!

Takpan ang ilong at bibig, sundan ang cough etiquette



Commonly known as blisters, HFMD is a highly contagious viral infection.

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Mga pantal sa palad ng mga kamay at talampakan ng mga paa, kasama na rin sa puwitan o sa masealang bahagi ng katawan?

Magpa check-up na agad. Mga sintomas yan ng HFMD!



Commonly known as blisters, HFMD is a highly contagious viral infection.

DOHHealthyFilipinas @DOHgovph healthphilippines.ph (02) 894-COVID / 1555



Ate, Kuya at Bunso mag-cough etiquette tayo

Para iwas sa pagpapalaganap ng nakakahawang sakit tulad ng HFMD



Commonly known as blisters, HFMD is a highly contagious viral infection.

DOHHealthyFilipinas @DOHgovph healthphilippines.ph (02) 894-COVID / 1555

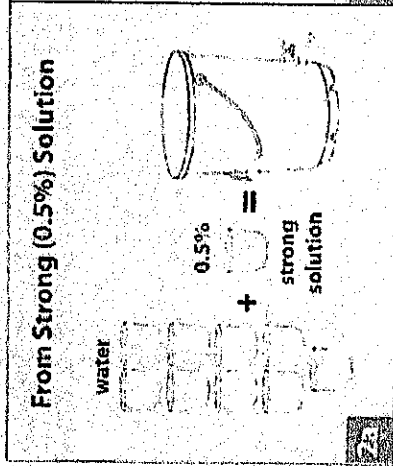
How to Make Mild (0.05%) Chlorine Solution

Use mild (0.05%) chlorine solution to wash ungloved hands.

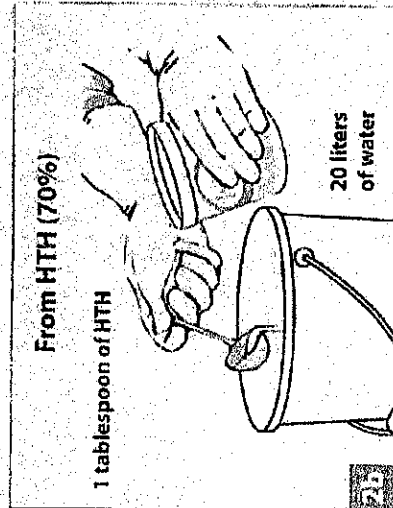
Make new mild (0.05%) chlorine solution every day. Throw away any leftover solution from the day before.



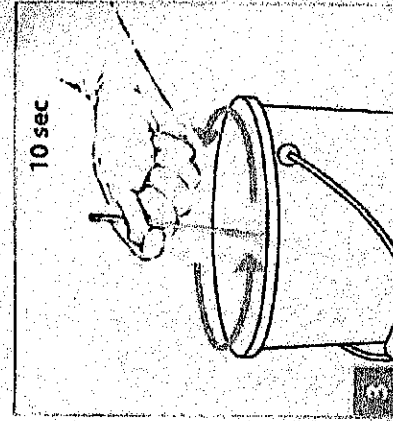
Make sure you are wearing extended PPE.



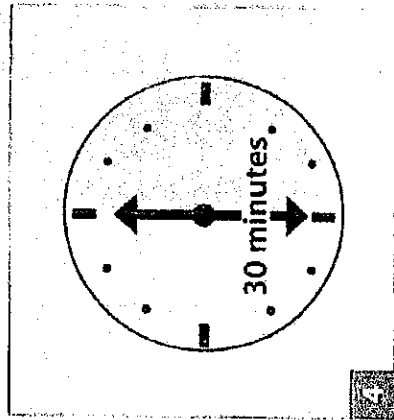
Pour 9 parts water and 1 part strong (0.5%) solution into a bucket. Repeat until full.



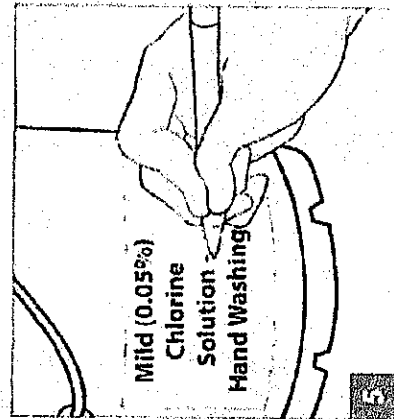
Add one tablespoon of HTH (70%) to 20 Liters of water in a bucket.



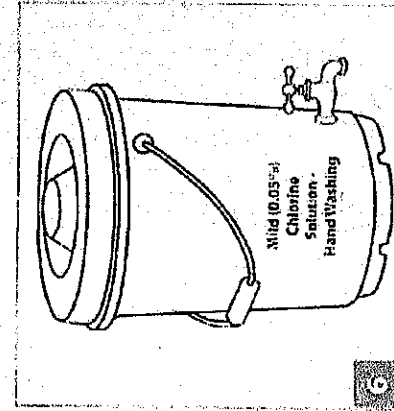
Stir well for 10 seconds, or until the HTH has dissolved.



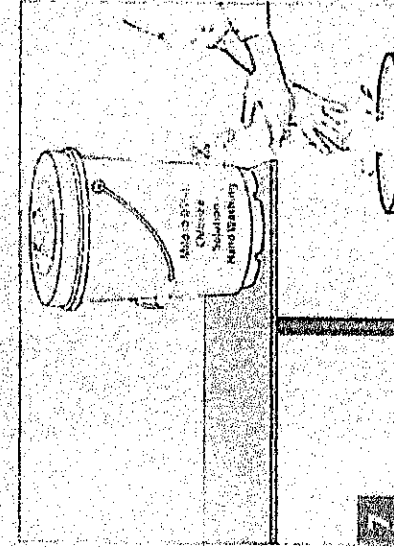
Wait 30 minutes before use.



Label bucket "Mild (0.05%) Chlorine Solution - Hand Washing."



Cover bucket with lid.



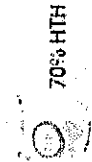
Place at hand washing stations.



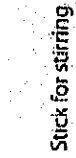
Measuring cup or liter bottle



Bucket with lid and spigot



70% HTH



Stick for stirring



Label



WARNING

Do NOT drink chlorine water.
Do NOT put chlorine water in mouth or eyes.

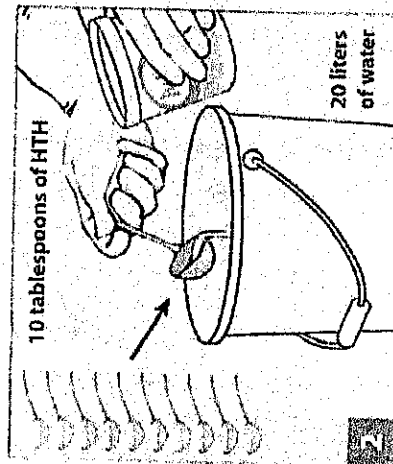
Supplies Needed

How to Make Strong (0.5%) Chlorine Solution from 70% Chlorine Powder

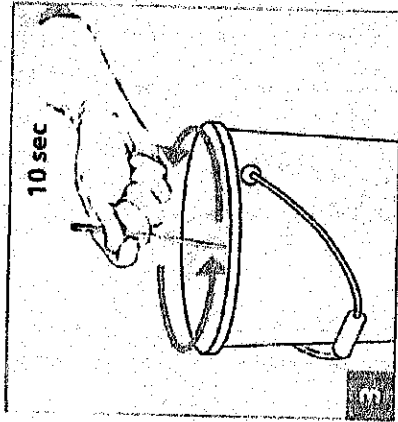
Use strong (0.5%) chlorine solution to clean and disinfect surfaces, objects, and body fluid spills. **Make new strong (0.5%) chlorine solution every day.** Throw away any leftover solution from the day before.



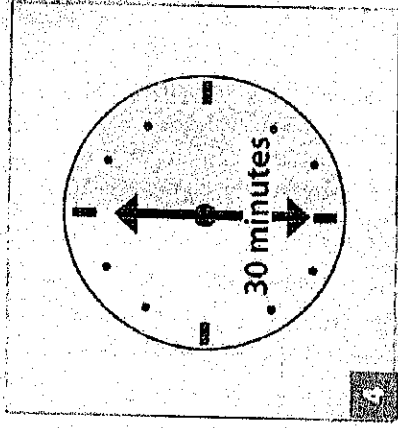
1 Make sure you are wearing extended PPE.



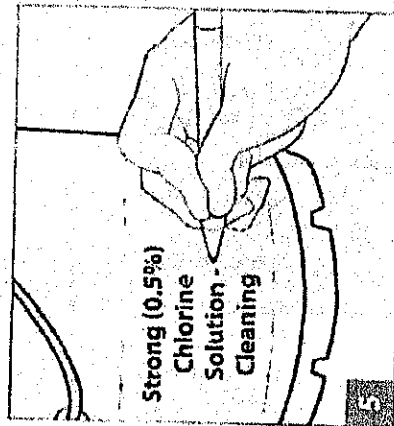
2 Add 10 tablespoons of HTH (70% chlorine) to 20 liters of water in a bucket.



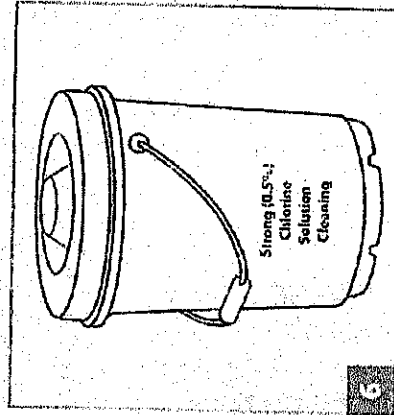
3 Stir well for 10 seconds, or until the HTH has dissolved.



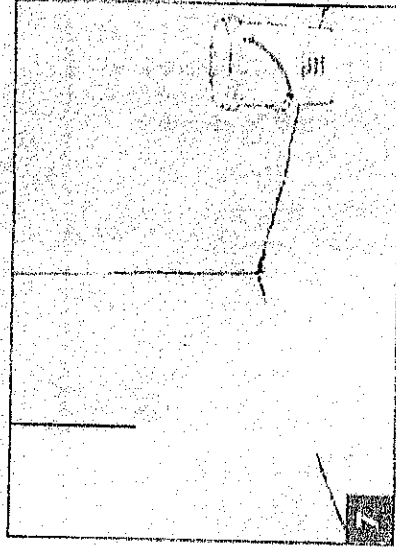
4 Wait 30 minutes before use.



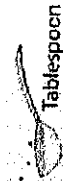
5 Label bucket "Strong (0.5%) Chlorine Solution - Cleaning."



6 Cover bucket with lid.



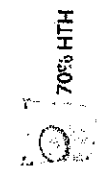
7 Store in shade. Do not store in direct sunlight.



Tablespoon



Bucket with lid



Water



70% HTH



Stick for stirring



Label

Supplies Needed



WARNING

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Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OF BULACAN
OSDS - Records Unit

Control No. _____

Purpose of Visit:

Action Unit: _____

Name of Client: _____

District/School: _____

Date & Signature: _____

(Records Personnel)

Action Taken: _____ Date: _____



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