



Republic of the Philippines
Department of Education
Region III
SCHOOLS DIVISION OF BULACAN

January 3, 2022

DIVISION MEMORANDUM

No. **003**, s. 2023

CORRIGENDUM/ADDENDUM TO D.M. No 454, s.2022 TITLED: THE CONDUCT OF CO-CURRICULAR ACTIVITIES RELATIVE TO SPORTS ACTIVITIES / UPDATES ON THE MODIFIED SCHEME OF SPORTS COMPETITION

To: Assistant Schools Division Superintendent
CID and SGOD Chiefs
Education Program Supervisors
Public School District Supervisors
Public Elementary and Secondary School Heads
District and School Sports Coordinators
BulPriSA School Heads, Officers, and Sports Representatives
NVSAA
All Others Concerned

1. Item No. 1 of the Division Memorandum No. 454, s. 2022: Conduct of Co-Curricular Activities Relative to Sports shall be read as:

Anent to the Regional Memorandum No. 616, s. 2022: Dissemination of DepEd Memorandum OASGFO No. 2022-258 dated October 27, 2022, re: Request for the Participation of Learners and Teachers in Extra-Curricular Activities and the Regional Memorandum No. 621, s. 2022 on the Co-Curricular Activities that are Allowable to be Conducted Starting SY 2022 – 2023, this Office recognizes the importance of the conduct of sports activities among learners from Key Stages 1 to 4. Hence, conduct of sports activities are expected to be held on the 11th week of quarters (second quarter - January 30 – February 3, 2023, and third quarter – April 24 – 28, 2023) based on DepEd Order No. 34, s. 2022 on the School Calendar and Activities of SY 2022 – 2023. However, because of the pronouncement of the Palarong Pambansa Secretariat-DepEd Central Office on the proposed schedule of the conduct of Regional and National Palarong Pambansa on 2023, this Office issued the dates for Sports Programs such as Local School-Based Intramurals, District Athletic Meet, EDDIS Athletic Meet, and Provincial Athletic Meet as follows:

- Meeting and Preparations (1st and 2nd week of January 2023)
- Local School-Based Intramurals (3rd week of January 2023)
- District Meet/EDDIS Athletic Meet (4th week of January 2023)
- Provincial Athletic Meet (3rd week of February)
- Proposed Conduct of Regional Meet (March to April 2023)
- Pre-National Qualifying (April 2023)
- Proposed Conduct of Palarong Pambansa (July 2023)



Provincial Capitol Compound, Brgy. Guinhawa, City of Malolos, Bulacan
website: <https://bulacandeped.com> email: bulacan@deped.gov.ph



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Region III
SCHOOLS DIVISION OF BULACAN

2. Sports Programs such as Local School-Based Intramurals, District Athletic Meet, EDDIS Athletic Meet, and Provincial Athletic Meet and participation of learners and teachers to DepEd organized sports programs and capacity building trainings and seminars and other non-curricular school projects and programs related to learner development in sports activities can be held with strict compliance to DepEd Memorandum OASGFO No. 2022-258 thru Regional Memorandum No. 616, s. 2022 and Regional Memorandum No. 621 s. 2022.

2. This is to provide all concerned with updates on the Modified Scheme of Sports Competition based on the agenda discussed during the virtual meeting of Division Sports Officers of Region III held last December 20, 2022.

3. The modified format of sports competition from school to Palarong Pambansa levels aimed at coming out with leveled up standard lean and team, the team-focused sports honoring school and outstanding performance and achieving academic-sport life balance.

4. In compliance with the modified scheme format the use of qualifying rounds for team sports and qualifying standards for measurable sports shall be implemented.

- for team sports, a winner-take-all policy shall be applied. The winning team (school) in the lower meet has the privilege to compete in the next higher competition level.

- for individual sports like athletics, swimming, and archery, and only those athletes who meet or surpass the qualifying standards shall proceed to the next level.

5. School Heads are encouraged to identify and select sports where they can confidently compete and advance to the next level.

6. The proposed age eligibility requirements for the athletes is as follows:

- for Elementary Level Athletes, the birthdate must be July 1, 2010.

- for Secondary Level Athletes, the birthdate must be July 1, 2005.

7. Meeting of SDO Core Group, EDDIS Elementary and Secondary Chairs/Heads of Delegations, BulPriSA Representative, NVSAA Chair, San Miguel National High School, Representative of Beneficiaries of School Sports Equipment on January 6, 2023 (Friday) 8:00AM onwards at SDO Conference Hall. SDO Core Group includes the following: OIS-SDS, ASDS, Division Chiefs, DEPS, HT Eduardo Giron, PSDS Gilbert Agapito, DSO Jay-Arr Tayao, ADSO Ariston Manuel, DEPS Joel Vasallo Supply Officer Raquel Climaco, AO-Budget Alice Almazar, Medical Officer Carlo Angelo Castillo. (Please see enclosure for a full list of participants)

8. Enclosure No.1 contains the proposed schedule of competition-related activities and the qualifying standards in select sports events.

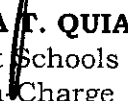
9. In compliance with DepEd Order No. 35, s.2020 titled Health and Safety Protocols in the Light of the Covid-19 Pandemic, all risk-mitigating measures shall be observed during the conduct of all competition strategic planning.





Republic of the Philippines
Department of Education
Region III
SCHOOLS DIVISION OF BULACAN

10. This Memorandum serves as the travel authority of the participants.
11. Expenses to be incurred like meals and snacks of the participants shall be charged from Division MOOE while transportation expenses of the school-based personnel can be taken from School Canteen funds subject to the usual accounting and auditing rules and regulations.
12. For any clarifications and inquiries, please contact Dr. Jay-Arr C. Tayao, Education Program Supervisor of the School Governance and Operations Division (SGOD) and Division Sports Officer (DSO) at jayarr.tayao@deped.gov.ph / (044) 816-6154.
13. Immediate dissemination of this Memorandum is desired.


ROWENA T. QUIAMBAO, CESE
Assistant Schools Division Superintendent
Officer-in-Charge
Office of the Schools Division Superintendent

SGOD
January 3, 2023

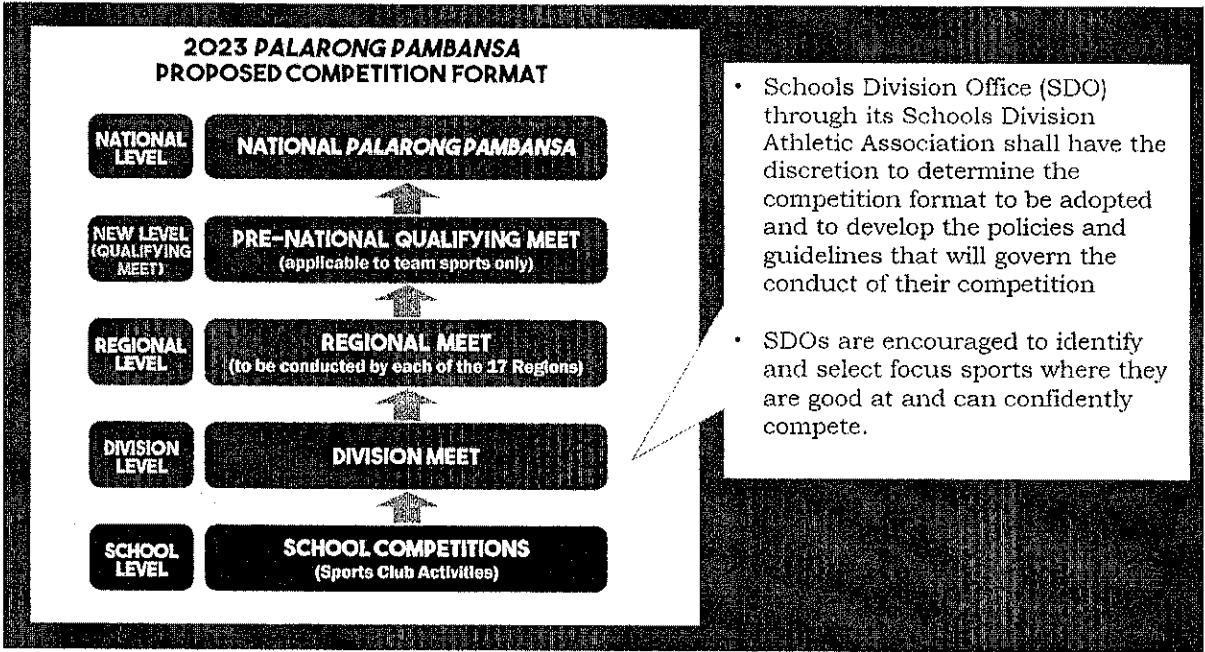
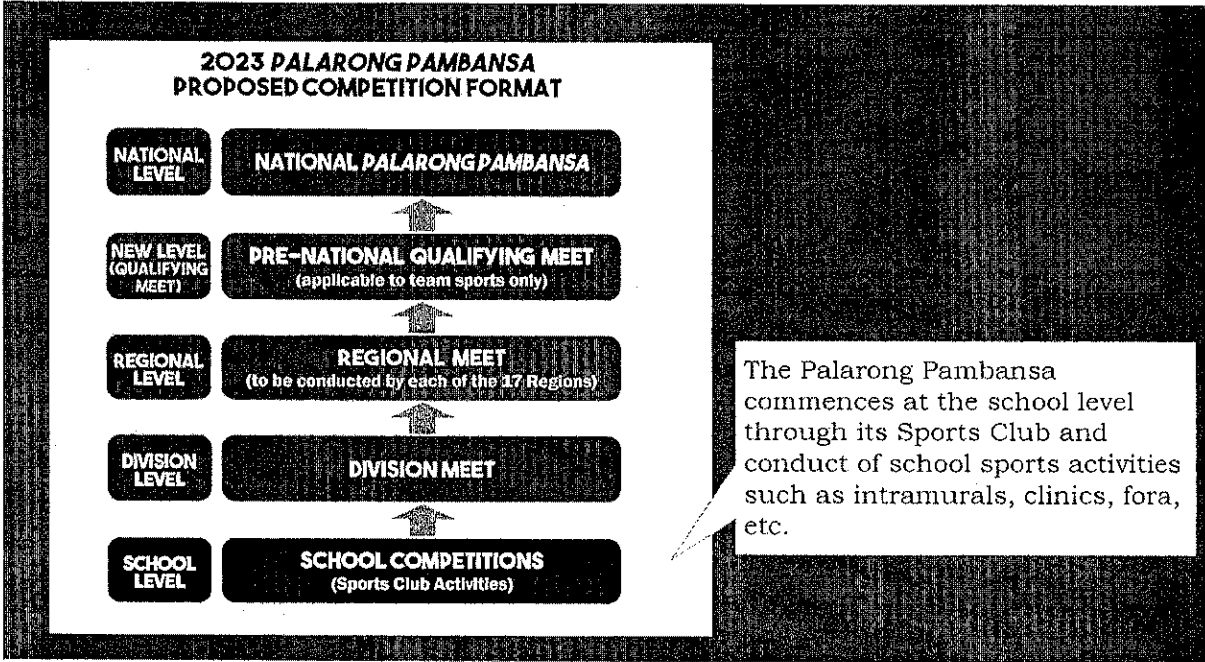


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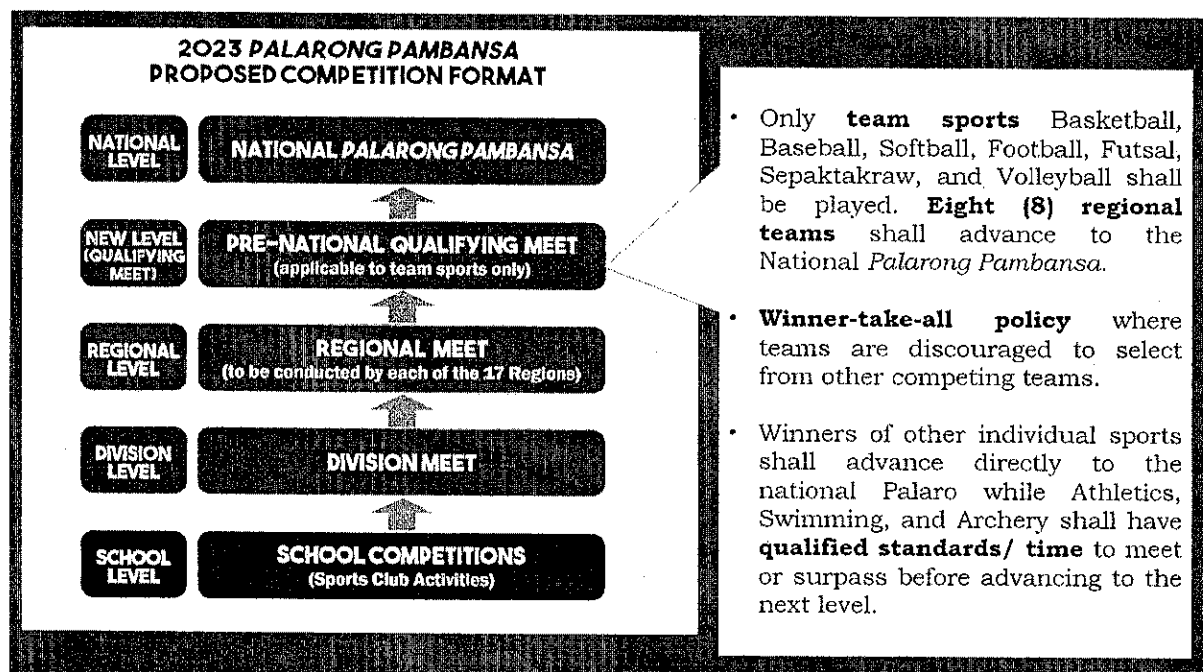
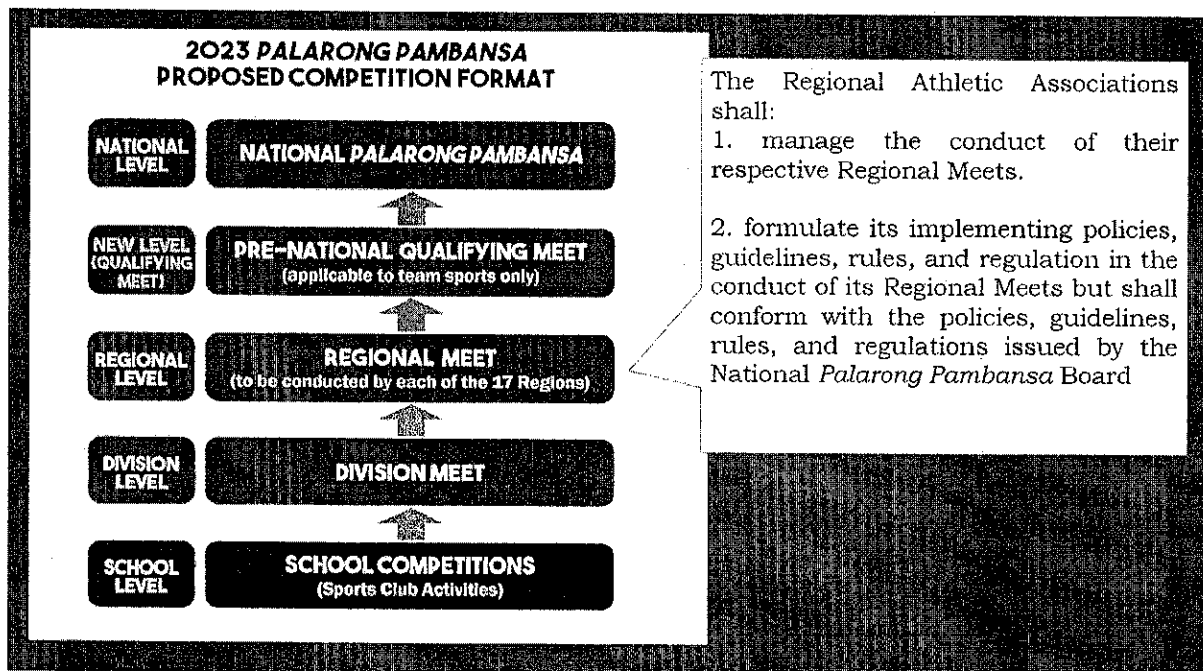
Republic of the Philippines
Department of Education
Region III
SCHOOLS DIVISION OF BULACAN

Enclosure No. 1 to Division Memorandum No. 003, s. 2023



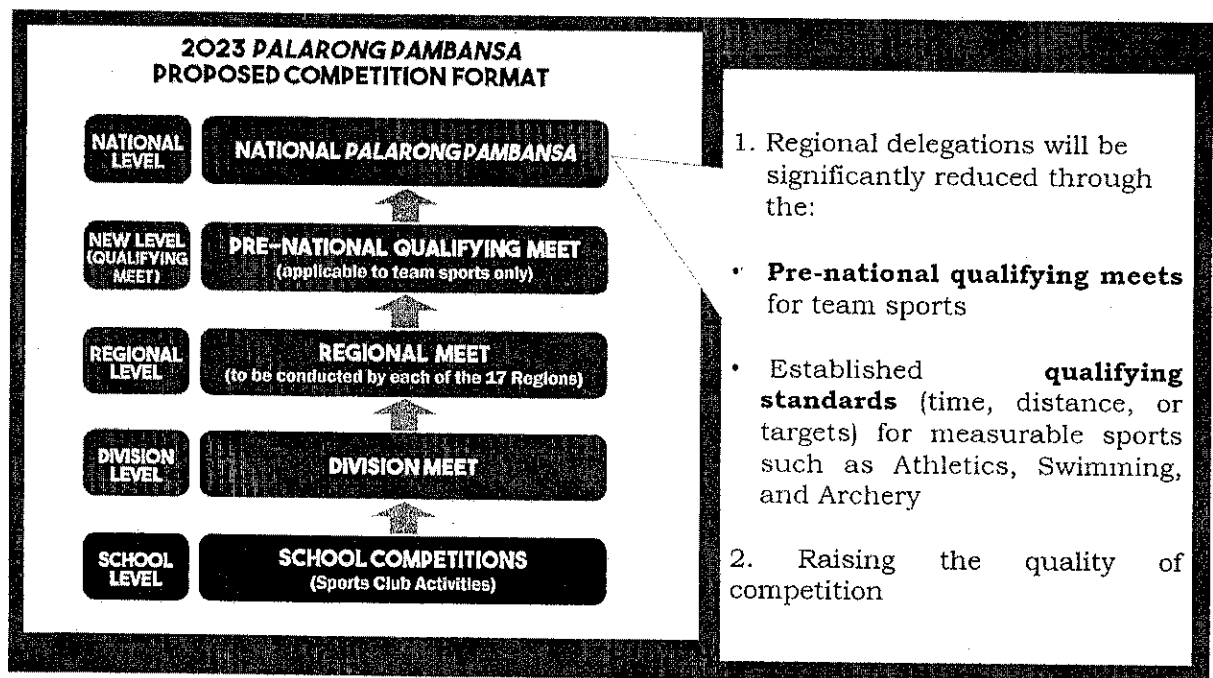


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Department of Education
Region III
SCHOOLS DIVISION OF BULACAN





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Department of Education
Region III
SCHOOLS DIVISION OF BULACAN



PROPOSED SCHEDULE OF COMPETITION-RELATED ACTIVITIES		
Activity	Tentative Schedule	Office In-Charge
Conduct of Division Meets	Dec. 2022 – Feb. 2023	Schools Division Offices
Conduct of Regional Meets	Feb.-Mar. 2023 (Team Sports)	Regional Offices
	Feb.-Apr. 2023 (Measurable/ Individual Sports)	
Conduct of Pre-National Qualifying Meets	April 2023	Central Office Regional Offices
Conduct of the <i>Palarong Pambansa</i>	July 2023	Central Office





Republic of the Philippines
Department of Education
Region III
SCHOOLS DIVISION OF BULACAN

EVENTS	BOYS/GIRLS	TARGET FACES	# OF ARROWS/END/ SET
Archery	70-meter distance	122 cm	36 arrows = 6 arrows per end
	60-meter distance	122 cm	36 arrows = 6 arrows per end
	50-meter distance	80 cm	36 arrows = 6 arrows per end
	30-meter distance	80 cm	36 arrows = 6 arrows per end
	1440 round		144 arrows – aggregate scores
	Olympic Round (70 meters)	122 cm	Set System – 3 arrows per end 5 ends – 6 set points
	Team Event (70 meters)	122 cm	Set system – 2 arrows per archer 4 ends – 5 set points
	Mixed Team (70 meters)	122 cm	Set System – 2 arrows per archer 4 ends – 5 set points

ARCHERY	BOYS		GIRLS	
	Qualifying Score	Previous PP Record	Qualifying Score	Previous PP Record
70 Meter Distance	263	332 (2019)	247	-
60 Meter Distance	278	334 (2016)	262	321 (2019)
50 Meter Distance	293	336 (2016)	277	337 (2019)
30 Meter Distance	308	349 (2016)	292	339 (2019)
1440 Round		1344 ((2016)		1310 (2019)

EVENTS	BOYS		GIRLS	
ATHLETICS- ELEMENTARY	QS	Standing Record	QS	Standing Record
100 M	12.66	11.40	13.80	12.80
200 M	28.88	23.70	28.69	26.70
400 M	1:02.36	54.30	1:09.91	59.50
800 M	2:24.91	2:07.60	2:40.78	2:18.08
1500 M	4:57.00	4:22.50	5:19.66	4:48.70
110 MH/100 MH	20.65	15.80	18.51	12.80
400 H	1:08.95	59.20	1:17.71	1:08.03
HIGH JUMP	1.45	1.73	1.25	1.55
LONG JUMP	5.04	6.04	4.63	5.07
TRIPLE JUMP	10.79	12.48	10.14	10.80
SHOT PUT	9.55	12.42	8.40	10.93
DISCUS THROW	25.79	36.12	27.12	35.56





Republic of the Philippines
Department of Education
Region III
SCHOOLS DIVISION OF BULACAN

EVENTS	BOYS		GIRLS	
ATHLETICS-ELEMENTARY	QS	Standing Record	QS	Standing Record
JAVELIN THROW	39.40	51.88	32.44	41.46
4 X 100 M RELAY	51.46	47.50	56.20	51.08
4 X 400 M RELAY	4:07.29	3:42.50	4:35.30	4:13.22

EVENTS	BOYS		GIRLS	
ATHLETICS-SECONDARY	QS	Standing Record	QS	Standing Record
100 M	11.29	10.55	12.81	11.90
200 M	23.26	21.80	26.40	24.50
400 M	52.83	48.70	1:02.74	56.28
800 M	2:02.63	1:55.69	2:31.08	2:12.2
1500 M	4:18.45	4:05.80	5:04.47	4:39.46
110 MH/100 MH	15.74	14.68	16.52	14.50
400 H	58.74	48.70	1:07.72	56.28
HIGH JUMP	1.75	1.99	1.45	1.68
LONG JUMP	6.59	7.26	5.38	5.66
TRIPLE JUMP	13.56	15.01	11.27	12.35
SHOT PUT	12.18	15.32	9.49	11.88
DISCUS THROW	35.21	42.67	30.92	40.25





Republic of the Philippines
Department of Education
Region III
SCHOOLS DIVISION OF BULACAN

EVENTS	BOYS		GIRLS	
ATHLETICS- SECONDARY	QS	Standing Record	QS	Standing Record
JAVELIN THROW	49.03	59.46	34.51	45.72
4 X 100 M RELAY	45.23	42.48	51.24	46.60
4 X 400 M RELAY	3:33.32	3:22.10	4:16.53	3:53.97
3000 MSC/3000 M	10:30.45	9:41.70	11:17.80	10:03.40
2000 M W	11:12.82	9:33.01	12:37.75	10:44.44
POLE VAULT	2.90	4.30		
5000 M	16:38.29	15:38.40		

EVENT	Elem B.	QTS	PP REC.	Elem G.	QTS	PP REC.	SEC. B	PP REC.	QTS	SEC. G	PP REC.	QTS
200 m Freestyle	Elem B.	2:25.27	2:08.12	Elem G.	2:29.34	2:16.72	SEC. B	1:56.44	2:07.30	SEC. G	2:10.14	2:20.80
400 m Freestyle	Elem B.	5:07.51	4:35.42	Elem G.	4:44.53	5:13.18	SEC. B	4:08.36	4:27.97	SEC. G	4:35.23	4:54.91
50 m. Butterfly	Elem B.	0:30.63	0:28.03	Elem G.	0:33.07	0:29.28	SEC. B	*0:26.34	0:27.65	SEC. G	*0:29.06	0:31.21
100 m. Backstroke	Elem B.	1:13.35	1:06.38	Elem G.	1:19.05	1:09.65	SEC. B	0:59.64	1:04.69	SEC. G	1:06.58	1:11.40
200 m. Butterfly	Elem B.	N/A	N/A	Elem G.	N/A	N/A	SEC. B	2:04.88	2:16.84	SEC. G	2:22.69	2:46.77
200 m. Breaststroke	Elem B.	N/A	N/A	Elem G.	N/A	N/A	SEC. B	2:27.66	2:36.45	SEC. G	2:43.08	2:56.56
200 m. Ind. Medley	Elem B.	2:29.76	2:32.37	Elem G.	2:46.89	2:33.12	SEC. B	2:13.05	2:22.89	SEC. G	2:25.66	2:34.87
50 m. Breaststroke	Elem B.	0:37.55	0:32.31	Elem G.	0:39.65	0:36.63	SEC. B	*0:30.02	0:32.21	SEC. G	*0:35.63	0:37.01
100 m. Freestyle	Elem B.	0:58.24	1:03.84	Elem G.	1:08.28	1:02.28	SEC. B	0:52.97	0:57.38	SEC. G	0:59.83	1:04.33
1500 m. Freestyle	Elem B.	N/A	N/A	Elem G.	N/A	N/A	SEC. B	*16:51.12	18:23.39	SEC. G		19:10.0
800 m. Freestyle	Elem B.	N/A	N/A	Elem G.	N/A	N/A	SEC. B		09:10.0	SEC. G	9:45.40	10:25.03
200 m. Backstroke	Elem B.	N/A	N/A	Elem G.	N/A	N/A	SEC. B	2:09.87	2:23.18	SEC. G	2:22.68	2:34.87
100 m. Butterfly	Elem B.	1:08.50	1:02.39	Elem G.	1:12.87	1:06.07	SEC. B	0:57.56	1:01.98	SEC. G	1:04.41	1:10.31
50 m. Backstroke	Elem B.	0:33.96	0:29.64	Elem G.	0:36.50	0:32.62	SEC. B	*0:29.18	0:29.91	SEC. G	0:31.34	0:33.50
400 m. Ind. Medley	Elem B.	N/A	N/A	Elem G.	N/A	N/A	SEC. B	*4:46.34	5:10.62	SEC. G	*5:08.21	5:39.25
50 m. Freestyle	Elem B.	0:29.05	0:26.64	Elem G.	0:31.41	0:28.75	SEC. B	0:25.39	0:26.06	SEC. G	0:27.79	0:29.48
100 m. Breaststroke	Elem B.	1:23.13	1:12.93	Elem G.	1:27.50	1:19.35	SEC. B	1:07.38	1:10.90	SEC. G	1:17.35	1:22.16

NOTE: QTS is based on 8th place in the 2019 Palarong Pambansa, Davao City.
PP Rec. Standing Palaro 2019 Meet Record



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Enclosure No. 2 to Division Memorandum No. _____, s. 2023

List of Participants in the Meeting

EDDIS CHAIRPEOPLE ELEMENTARY

EDDIS I:	ALEXANDER ADONIS, PhD
EDDIS II:	IRENE L. ELIZALDE, EdD
EDDIS III:	DANIEL V. ORTEGA, EdD
EDDIS IV:	MAXIMO HERRERA, EdD
EDDIS V:	JONAR C. DAVID, EdD
EDDIS VI:	PRISCILA ILISCUPIDEZ, EdD

EDDIS CHAIRPERSONS FOR SECONDARY

EDDIS I:	LOIDA G. RILLERA
EDDIS II:	MA. REGINA M. LOPEZ
EDDIS III:	ODETTE V. ESPIRIDION
EDDIS IV:	NERI L. DIZON
EDDIS V:	MARIA LOURDES L. RAMOS
EDDIS VI:	CEANCENO M. ESPIRITU JR.

NAVSAA Chair:	ROMAN CARREON
SMNHS:	ERIC HERNANDEZ
BULPRISA:	RODEL MANICAD
	WILLIE VENTURA
BULSSA:	ENRIQUE REYES
	MARIA LEAH DALANGIN
	EDUARDO GIRON

REPRESENTATIVES OF SPORTS EQUIPMENT BENEFICIARIES

BALITE ES (Calumpit) - Volleyball
MARILAO CENTRAL IS - Volleyball
DUHAT ES - Arnis
GUIGUINTO - District Basketball
SAN MIGUEL NATIONAL HIGH SCHOOL – SPS, 3x3, Football/Futza
FORTUNATO F. HALILI NAS – SPS, 3x3, Football/Futza
TAAL HIGH SCHOOL-Athletics

2 ASSISTANT SCHOOLS DIVISION SUPERINTENDENTS

2 CHIEF EDUCATION PROGRAM SUPERVISORS

**11 EDUCATION PROGRAM SUPERVISORS (Including DSO: JAY-ARR TAYAO and
ADSO: ARISTON MANUEL)**

1 Supply Officer

1 Budget Officer

1 Medical Officer

5 TWGs

2 SECRETARIAT (MARIA LEAH DALANGIN & LHAMBERT NICOLAS)

