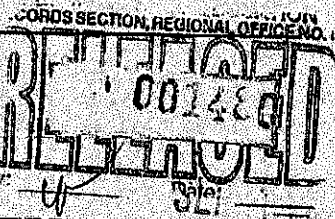
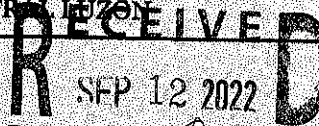
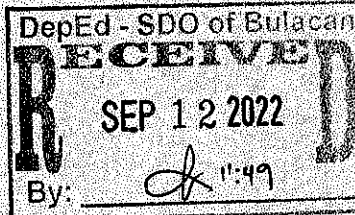




Republic of the Philippines

Department of Education

REGION III-CENTRAL LUZON



REGIONAL MEMORANDUM

No. 514, s. 2022

By: [Signature]

Time: 7:20 AM

**WELLNESS DAY WEBINAR SERIES FOR DEPED EMPLOYEES**

To: Schools Division Superintendents,  
and Chiefs Regional Functional Division

1. The Department of Education, through the Bureau of Human Resource and Organizational Development – Employee Welfare Division (BHRD-EWD), recently launched the Wellness Day Webinar Series and will continue to conduct said activity up to November 29, 2022.
2. In this regard, all DepEd Employees are invited to participate in the scheduled sessions. Interested participants can join the online Zoom or MS Teams meeting room by registering to the link which will be provided in the detailed episode announcements/invitations to be posted on the DepEd Philippines FB page.
3. Enclosed is the Memorandum from Gloria Jumamil-Mercado, Undersecretary for Human Resource and Organizational Development, National Educators Academy of the Philippines, Teacher Education Council Secretariat, and DepEd Employees' Associations Coordinating Office, for reference.
3. Dissemination of this Memorandum is desired.

Digitally signed by Eclar  
May Batanga  
Date: 2022.09.10 18:27:35  
+0800'

**MAY B. ECLAR, PhD, CESO III**  
Regional Director

Encl.: As stated  
Reference: see the attachment  
To be indicated in the Perpetual Index  
under the following subjects:

Employee Welfare Financial Wellness Psychosocial Wellness

HRDD1/hrdd3  
September 8, 2022





Republic of Philippines


## Department of Education

OFFICE OF THE UNDERSECRETARY  
HUMAN RESOURCE AND ORGANIZATIONAL DEVELOPMENT,  
NATIONAL EDUCATORS ACADEMY OF THE PHILIPPINES,  
TEACHER EDUCATION COUNCIL SECRETARIAT, AND  
DEPED EMPLOYEES' ASSOCIATIONS COORDINATING OFFICE

### MEMORANDUM

DM-OUBHROD-2022-0015

TO : Undersecretaries  
Assistant Secretaries  
Bureau and Service Directors  
Regional Directors  
Schools Division Superintendents  
Division Chiefs  
Heads of Schools  
All Others Concerned

FROM :   
**GLORIA JIMAMIL-MERCADO**  
*Undersecretary for Human Resource and Organizational Development,  
National Educators Academy of the Philippines,  
Teacher Education Council Secretariat, and  
DepEd Employees' Associations Coordinating Office*

SUBJECT : **WELLNESS DAY WEBINAR SERIES FOR DEPED EMPLOYEES**

DATE : 02 September 2022

In line with our advocacy to provide interventions in promoting the wellbeing of our employees across all governance levels, the Bureau of Human Resource and Organizational Development - Employee Welfare Division (BHROD-EWD) recently launched the *Wellness Day Webinar Series* held last 31 August 2022.

These webinar series are composed of different sessions that aim to address various concerns related to the psychosocial and financial wellbeing of our employees. These webinars will be conducted using online platforms (Zoom or MS Teams) and will be live-streamed via DepEd Philippines Facebook (FB) page.

In this connection, we would like to invite all DepEd employees to participate in the scheduled sessions (*see Annex A*). Interested participants can join the online Zoom or MS Teams meeting room by registering to the link which will be provided in the detailed episode announcements/invitations to be posted on the DepEd Philippines FB page.

Expenses for these activities such as payment for honoraria of speakers and/or instructors shall be charged to the 2022 OPDNTF fund of the BHROD-EWD, subject to the usual accounting rules and regulations.

For further questions or clarifications, please contact the BHRD-EWD through the email address, [bhrod.cwd@deped.gov.ph](mailto:bhrod.cwd@deped.gov.ph).

Thank you.

**Wellness Day Webinar Series**  
August to November 2022

	<b>DATE AND TIME</b>	<b>THEME</b>
1	August 31, 2022 1:30 p.m. - 3:30 p.m.	Financial Wellness
2	September 14, 2022 9:00 a.m. to 11:00 a.m.	Financial Wellness
3	September 28, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
4	October 19, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
5	October 26, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
6	November 9, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
7	November 15, 2022 9:00 a.m. to 11:00 a.m.	Financial Wellness
8	November 16, 2022 9:00 a.m. to 11:00 a.m.	Financial Wellness
9	November 29, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness

[BHROD-EWD/MCLalosa]