



030

Republic of the Philippines
Department of Education
REGION III
Schools Division Office of Bulacan

January 10, 2022

DIVISION MEMORANDUM
No. 12, s.2021

REITERATION ON REPORTING, MONITORING, ISOLATION AND QUIARANTINE OF COVID-19 AND RELATED CASES AMONG TEACHERS AND PERSONNEL OF SDO BULACAN

To: Assistant Schools Division Superintendents
Division Chiefs
Public Schools District Supervisors
Public Elementary and Secondary School Heads
Clinic Teachers
School DRRM Coordinators
School Health Section
All others Concerned

1. The Schools Division Office of Bulacan reiterates and enjoins the immediate self-reporting of notifiable diseases of all teaching and non-teaching personnel to the School Health Section thru the assigned personnel in their respective areas of assignment for proper management, monitoring of cases, comply with existing quarantine and isolation protocols.
2. Upon notification to the school health section personnel on the possible exposure to COVID-19 and related cases, quarantine period must be completed based on the recommendation of the Medical Officer- Carlo Angelo P. Castillo, MD. After which, a medical clearance shall be issued the same.
3. Cases not reported officially to SDO- School Health Section are required to avail the medical clearance from their attending physician prior to return to work.
4. The office also reminds all personnel, learners and stakeholders even those who are fully vaccinated to strictly observe the required health standards at all times- wearing of masks, practicing proper hand hygiene and cough etiquette, observing physical distance, ensuring airflow, and avoiding crowded and enclosed spaces.
5. For the updated guidelines on isolation and quarantine and testing, see attached diagram from DOH.
6. Immediate dissemination of this Memorandum is desired.


ZENIA G. MOSTOLES, Ed.D. CESO V
Schools Division Superintendent



Address: Provincial Capitol Compound, Brgy. Guinhawa, City of Malolos, Bulacan
Website: <https://bulacandeped.com> Email: bulacan@deped.gov.ph





Republic of the Philippines
Department of Education
 REGION III
 Schools Division Office of Bulacan

Enclosure 1 to Division Memorandum No. ____ s. 2022

ISOLATION AND QUARANTINE FOR GENERAL POPULATION

GUARDS ON FOR OMICRON

ISOLATION & QUARANTINE for GENERAL POPULATION As of January 7, 2022

		FULLY VACCINATED	INCOMPLETELY VACCINATED OR UNVACCINATED
ISOLATION Isolation is for people who have been infected and tested positive for COVID-19, with symptoms or none, both fully vaccinated and unvaccinated.	Positive Case - Asymptomatic, Mild, Moderate Symptoms	10 days or at the advice of your doctor	
	Positive Case with Severe & critical symptoms	21 days or at the advice of your doctor	
QUARANTINE Quarantine is for those who have been exposed and can possibly develop infection. People who become close contacts with confirmed cases of COVID-19 should quarantine.	Close contacts	7 days or at the advice of your doctor	14 days or at the advice of your doctor

f OfficialDOHgov @DOHgovph doh.gov.ph (02) 894-COVID / 1555



Address: Provincial Capitol Compound, Brgy. Guinhawa, City of Malolos, Bulacan
 Website: <https://bulacandeped.com> Email: bulacan@deped.gov.ph





Republic of the Philippines
Department of Education
 REGION III
 Schools Division Office of Bulacan

Enclosure 2 to Division Memorandum No. ____ s. 2022

HOME ISOLATION VERSUS FACILITY ISOLATION

QUARANTINE AND ISOLATION GUIDELINES **one news**

HOME OR FACILITY ISOLATION?

- Positive test, symptomatic
- Without own room, toilet, and oversight → **Facility isolation**
- Positive test, symptomatic
- With own room, toilet, and oversight → **Home isolation**
- All household members exposed, considered close contacts → **Can home quarantine if:**
 - No symptoms
 - No vulnerable members (seniors, with comorbidities)
 - Not mixed with positive, symptomatic
 - Follow minimum public health protocols

HOW LONG SHOULD ONE BE ISOLATED?

GENERAL PUBLIC

Tested positive:

- > Asymptomatic, mild, or moderate: 10 days
- > Severe or critical: 21 days

Exposed as close contact

- > Fully vaccinated: 7 days
- > Incomplete vaccination/unvaccinated: 14 days

HEALTHCARE WORKERS

- > Tested positive: Up to 5 days
- > Exposed as close contact: Up to 0 day

OneNews.ph | OneNewsPH | Source: DOH



Address: Provincial Capitol Compound, Brgy. Guinhawa, City of Malolos, Bulacan
 Website: <https://bulacandeped.com> Email: bulacan@deped.gov.ph





Republic of the Philippines
Department of Education
 REGION III
 Schools Division Office of Bulacan

Enclosure 3 to Division Memorandum No. ____ s. 2022

ANTIGEN TEST

GUARDS ON, FOR OMICRON

ANTIGEN (Ag) TESTS WORK BEST ON SYMPTOMATIC PATIENTS

As of January 7, 2022

	RESULT	READING & ACTION
Symptomatic	Ag Test positive	Highly likely positive - isolate immediately!
Symptomatic	Ag Test negative	Isolate immediately and test with RT-PCR
Exposed to COVID-19 positive but asymptomatic	Ag Test positive	Likely positive - isolate immediately!
Exposed to COVID-19 positive but asymptomatic	Ag Test negative	Quarantine first and test with RT-PCR on Day 5 after exposure
Not exposed, not symptomatic	Ag Test positive	Immediately isolate, consult health care professional
Not exposed, not symptomatic	Ag Test negative	Follow safety protocols: Mask-Hugas-Iwas-Airflow


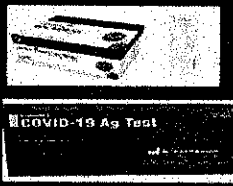


No test is perfect. But when we use them for the right reason and right time, we increase their likelihood of informing us what action to take.

f OfficialDOHgov @DOHgovph doh.gov.ph (02) 894-COVID / 1555

GUARDS ON, FOR OMICRON

NOT ALL ANTIGEN TESTS ARE CREATED EQUAL: One brand can have two versions

As of January 7, 2022

ANTIGEN KITS & IDEAL USER	USUAL SAMPLE	EXAMPLE
COVID-19 Antigen Tests designed for <u>health workers</u> require training to get correct sample.	Nasopharyngeal (DEEP) 	
COVID-19 Self-Test Kits designed for <u>lay persons</u> are easy to use.	Nasal (SHALLOW) 	 NO KIT REGISTERED YET

Figures are meant for illustration purposes and by no means to be construed as an endorsement

f OfficialDOHgov @DOHgovph doh.gov.ph (02) 894-COVID / 1555



Address: Provincial Capitol Compound, Brgy. Guinhawa, City of Malolos, Bulacan
 Website: <https://bulacandeped.com> Email: bulacan@deped.gov.ph





Republic of the Philippines
Department of Education
REGION III
Schools Division Office of Bulacan

Enclosure 4 to Division Memorandum No. ____ s. 2022

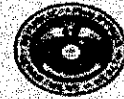
SAFE RETURN TO COMMUNITY AFTER ISOLATION AND QUARANTINE

ITO ANG MGA DAPAT GAWIN KAPAG NAG-POSITIVE KA PARA SA COVID-19

8 / 10

**GAANO KATAGAL AKONG CONTAGIOUS O
NAKAKAHAWA?
KAILANGAN BA NG NEGATIVE TEST
BAGO AKO MAKAKABALIK SA
KOMUNIDAD?**

- Ikaw ay itinuluring nakakahawa **habang nasa 10-day isolation period**. Pag tapos na ang 10-day isolation, maaari ka nang lumabas at bumalik sa community, **basta't wala nang sintomas o sa payo o advice ng inyong doktor**.
- Para sa quarantine ng close contacts, pag tapos na ang 7 day quarantine (para sa fully vaccinated) at 14 day quarantine (para sa unvaccinated), maaari na ring bumalik sa community
- **Ang repeat testing ay hindi requirement** para sa ligtas na pagbalik sa community.



f OfficialDOHgov @DOHgovph doh.gov.ph (02) 894-COVID / 1555



Address: Provincial Capitol Compound, Brgy. Guinhawa, City of Malolos, Bulacan
Website: <https://bulacandeped.com> Email: bulacan@deped.gov.ph

