



Republic of the Philippines  
**Department of Education**  
 REGION III-CENTRAL LUZON

DepEd SOO of Bulacan Office of the SDS

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DepEd RO III - REGIONAL SECTION

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**ADVISORY**

No. 112, s.2020

TO : Schools Division Superintendents  
 FROM : The Regional Director  
 SUBJECT : **28<sup>th</sup> National Children's Month**

This is to inform all concern that November 2020 is the 28<sup>th</sup> National Children's Month. This year's 2020 NCM shall focus on **Upholding Children's Rights during the pandemic like COVID-19**, along with the theme "**Sama-samang Itaguyod ang Karapatan ng mga Bata sa Panahon ng Pandemya**".

Attached is a list of activities for our school children for reference.

[Signature]

**NICOLAS T. CAPULONG, PhD, CESO V**  
 Director III  
 Officer-In-Charge  
 Office of the Regional Director

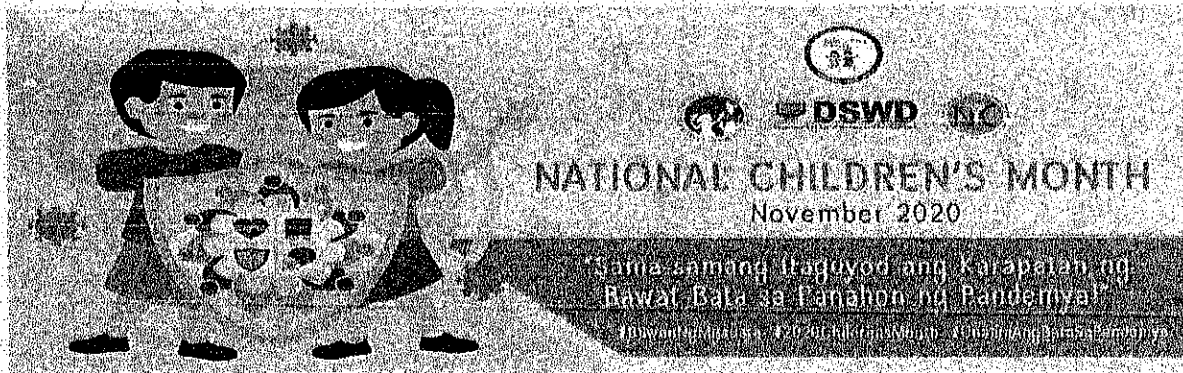
ESSD1  
 November 4, 2020

11/10/20  
 Reproduction No. 140, s. 2020  
**ZENIA G. MOSTOLES, Ed.D., CESO V**  
 Schools Division Superintendent  
 Schools Division of Bulacan  
[Signature]



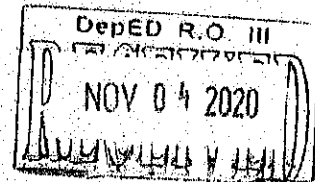
62  
 Address: Matalino St. D.M. Government Center, Maimpis, City of San Fernando (P)  
 Telephone Number: (045) 598-8580 to 89; Email Address: region3@deped.gov.ph





Regional Sub-Committee for the Welfare of Children – Central Luzon  
28<sup>th</sup> National Children's Month

### ACTIVITY NOTE



#### WEBINAR ON MENTAL HEALTH

<b>Title of Activity</b>	<b>Kamusta Ka?: A Mental Health Webinar for Children and Youth</b>
<b>Date and Time</b>	November 14, 2020 (Saturday) 1 – 4 PM
<b>Platform</b>	Zoom, Facebook Live
	Zoom Registration Link:  Register in advance for this meeting: <a href="https://cwc-gov-ph.zoom.us/join/register/tJMIc-2oqT4iE9aoahESSd9FIDTugx7I2ovG">https://cwc-gov-ph.zoom.us/join/register/tJMIc-2oqT4iE9aoahESSd9FIDTugx7I2ovG</a>  After registering, you will receive a confirmation email containing information about joining the meeting.
<b>Objectives</b>	To discuss mental health challenges and to provide knowledge on dealing with mental health during COVID-19
<b>Participants</b>	Primary and Secondary Students (Grade 4 – 12)

#### INDICATIVE PROGRAM FLOW

Time	Activity	In-charge
1:00 – 1:15 PM	Preliminaries	Facilitator/Moderator
1:15 – 2:00 PM	Situation of Mental Health of Filipinos before and during pandemic (generalized and focused on children and youth)	DOH/CSO

2:00 – 2:45 PM	Ways to Cope with Mental Health Issues	DOH/CSO
2:45 – 3:05 PM	Open Discussion on Mental Health Concerns	Facilitator/Moderator
3:05 – 3:10 PM	Closing Activities	

## II. WEBINAR ON OSAEC

<b>Title of Activity</b>	<b>Beyond Social Media: Risks of Internet in Child Online Sexual Exploitation</b>
<b>Date and Time</b>	November 18, 2020 1 – 4 PM
<b>Platform</b>	Zoom, Facebook Live Zoom Link: <a href="https://tinyurl.com/Region3NCM2020">https://tinyurl.com/Region3NCM2020</a>
	After registering, you will receive a confirmation email containing information about joining the meeting.
<b>Objectives</b>	To educate children about child sexual exploitation and the risks of being victimized by unsafe internet use
<b>Participants</b>	Primary and Secondary Students (Grade 4 – 12)

## INDICATIVE PROGRAM FLOW

Time	Activity	In-charge
1:00 – 1:15 PM	Preliminaries	Facilitator/Moderator
1:15 – 1:45 PM	Situation of OSAEC in the Philippines (may provide Region III data)	PNP/DSWD
1:45 – 2:25 PM	Dangers of TikTok, Facebook and other Social Media sites	DICT
2:25 – 3:25 PM	<i>Talakayang Makabata</i>	ECPAT
3:25 – 3:45 PM	Open Discussion on Online Sexual Abuse and Exploitation	Facilitator/Moderator
3:45 – 4:00 PM	Closing Activities	

### **Zoom Registration**

A pre-registration for those who will participate via Zoom is required. For those who are not able to register, you can watch the webinar livestream via FB live on RSCWC Central Luzon and DSWD FO III Pages.

### **ISSUANCE OF CERTIFICATE OF PARTICIPATION**

Participants will answer the evaluation form after the webinar. Those who answered the form within 24 hours will receive a Certificate of Participation from RSCWC.

**Prepared by:**

**APLE SHAYNE B. LOMOLJO, RSW**  
CWC Regional Coordinator