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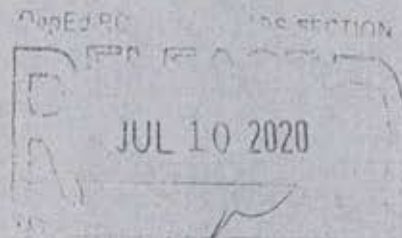
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Director III
OIC, Office of the Regional Director
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Republic of the Philippines
Department of Education
REGION III-CENTRAL LUZON

REGIONAL MEMORANDUM

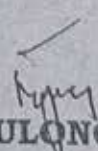
No. 151, s. 2020

2020 NUTRITION MONTH



To: Schools Division Superintendents
Division Health and Nutrition Unit

1. Nutrition Month is celebrated every July by virtue of Section 7 of the Presidential Decree No. 491 or the "Nutrition Act of the Philippines", which aims to increase awareness on the importance of proper nutrition.
2. This year's theme is **"Batang Pinoy, SANA TALL... Iwas Stunting, SAMA ALL! Iwas ALL din sa COVID-19!"** which aims to promote awareness and mobilize actions to address stunting and calls for a collective vision of having taller Filipino children through the participation of different stakeholders.
3. By raising awareness, we are able to fully understand that stunting can lead to low educational performance, lost productivity, increased risk of developing non- communicable diseases (NCDs) and even death.
4. The sub theme **"Iwas All din sa COVID-19"** is added in order to ensure nutrition among Filipinos during the COVID-19 pandemic, to improve their resilience against disease and minimize the long term effects of malnutrition.
5. The Schools Division Offices are encouraged to promote the 2020 Nutrition Month by sharing and posting of the official theme and poster on the DepEd Tayo pages and other Social Media platforms, conduct webinars, online fora and other activities to increase awareness on stunting prevention.
6. Downloadable materials such as Nutrition Month Logo and poster are available at bit.ly/NUTRITIONMONTH2020
7. Immediate dissemination of this Memorandum is desired.


NICOLAS T. CAPULONG, PhD, CESO V

Director III
Officer - In - Charge
Office of the Regional Director

ESSD/csp
July 8, 2020

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