



Republic of the Philippines  
**Department of Education**  
 REGION III-CENTRAL LUZON

DepEd-SDO of Bulacan Office of the SDS

**RECEIVED**  
 JAN 22 2020  
 By: \_\_\_\_\_  
 Time: 4:20

**MEMORANDUM:**


**TO :** SCHOOLS DIVISION SUPERINTENDENTS  
 MEDICAL OFFICER III

**FROM :** The Regional Director

**SUBJECT :** **CONDUCT OF VARIOUS ACTIVITIES FOR OPLAN KALUSUGAN SA DEPARTMENT OF EDUCATION (OK SA DEPED)**

DepEd RO III - RECORDS SECTION  
**RELEASE**  
 JAN 22 2020  
 BY: \_\_\_\_\_

1. Pursuant to Department of Education (DepEd) Order No. 28, s. 2018 entitled "Policy and Guidelines on Oplan Kalusugan sa Department of Education (OK sa DepEd)," all public schools nationwide are encouraged to observe the **OK sa DepEd One Health Week** on **January 20-24, 2020** focusing on **Health and Nutrition Education**.
2. Attached is the OUA Memorandum No. 08-0120-0571 dated January 16, 2020, from the Office of Alain Del B. Pascua, Undersecretary for Administration.
3. For information and guidance.

  
**NICOLAS T. CAPULONG, PhD, CESO V**  
 Director III  
 Officer-In-Charge  
 Office of the Regional Director

Incl: As stated  
 ESSE/GLAD  
 January 20, 2020

*Reproduction also 023, s. 2019*



Address: Matalino St. D.M. Government Center, Mairapis, City of San Fernando (P)  
 Telephone Number: (045) 598-8580 to 89; Email Address: region3@deped.gov.ph





QUANMEMO00-0120-0071  
To: Administrative and document  
please scan the QR Code

Republika ng Pilipinas  
**Kagawaran ng Edukasyon**  
Tanggapan ng Pangalawang Kalihim

**OUA MEMO** OR-0120-0571  
**MEMORANDUM**  
16 January 2020

**For: Regional Directors  
BARMM Minister for Basic, Higher, and Technical Education  
Schools Division Superintendents**

**Subject: CONDUCT OF VARIOUS ACTIVIES FOR OPLAN KALUSUGAN  
SA DEPARTMENT OF EDUCATION (OK SA DEPED)**

Pursuant to Department of Education (DepEd) Order No. 28, s. 2018 titled "Policy and Guidelines on Oplan Kalusugan sa Department of Education (OK sa DepEd)," all public schools nationwide are encouraged to observe the **OK sa DepEd One Health Week on January 20-24, 2020** focusing on **Health and Nutrition Education**.

The One Health Week will roll out a set of health activities featuring, but not limited to, the six major DepEd school health programs:

- a. School-Based Feeding Program (SBFP);
- b. National Drug Education Program (NDEP);
- c. Adolescent Reproductive Health (ARH) Program;
- d. Water, Sanitation, and Hygiene (WASH) in Schools (WinS) Program;
- e. Medical, Nursing, and Dental Services; and
- f. School Mental Health Program.

During the One Health Week, all Regional Offices, Schools Division Offices, and elementary and secondary schools are enjoined to undertake the following suggested activities, among others:

- a. Orientation of parents, communities, partners, and other stakeholders;
- b. Exhibits/fora on health and nutrition education, maintaining healthy lifestyle, good grooming and personal hygiene, NDEP, ARH, school mental health, and comprehensive tobacco control;
- c. Film showing on health and nutrition-related issues;
- d. Physical activities/exercises to promote healthy lifestyle; and
- e. Posting/Distribution of IEC materials such as leaflets, posters, advisories, etc.

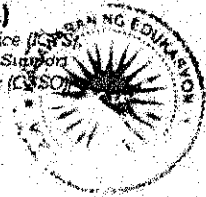


**Office of the Undersecretary for Administration (OUA)**

*Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLSS), Baguio Teachers' Camp (BTC), Central Security & Safety Office (CSSO)*

Department of Education, Central Office, Meralco Avenue, Pasig City  
Rm 519, Mabini Bldg; Mobile: +639260320762; Tel: +63286337203,  
+63286376207

Email: [usc.admin@deped.gov.ph](mailto:usc.admin@deped.gov.ph); Facebook/Twitter @depedtayo



One Health Week shall be maximized to mobilize the community and promote collaboration with partners and stakeholders, especially at the school level. As such, the schools are tasked to coordinate with their division health personnel for the conduct of activities for One Health Week and network with partners within their localities for various health endeavors.

All offices and schools are reminded of existing policies governing partnerships, including the prohibition on institutional endorsements of products and services per DepEd Order No. 39, s. 2009; guidelines on engaging with companies that manufacture carbonated beverages per DepEd Order No. 13, s. 2017; prohibition on unnecessary interaction with the tobacco industry and its front NGOs per DepEd Order No. 48, s. 2016; and prohibition on partnership with milk companies Executive Order No. 51, s. 1986.

Regional and Schools Division Offices are expected to lead and ensure the conduct of One Health Week in all schools.

For reporting purposes, the schools shall ensure the documentation of the activities conducted during the One Health Week, following the data requirements of the *OK sa DepEd* Forms A and B attached to DO 28, s. 2018.

For further details, Ms. Magdalene Portia T. Cariaga, Senior Education Program Specialist, or Mr. Gian Erik M. Adao, Education Program Specialist II, School Health Division may be contacted at (02) 8632-9935.

  
ALAIN DEBES PASCUA  
Undersecretary



DUANE MACOSI "DODGETT"  
To advance the future  
Start with the QR Code

