



October 16, 2018

To: Public Elementary and Secondary School Heads
Registered Guidance Counselors
All Others Concerned

In preparation for the conduct of **BEFRIENDING STRESS, PREVENTING DEPRESSION: A DIVISION TRAINING-WORKSHOP ON STRESS MANAGEMENT IN THE SCHOOL SETTING** on November 14-16, 2018, the following are advised to attend the final planning meeting on October 22, 2018, from 9:00 a.m.- 3:00p.m. at Dr. Felipe National High School, Plaridel, Bulacan, to wit:

Jayson S. Hernandez, RGC	San Miguel NHS
Maribel M. Cruz, RGC	Mariano Ponce NHS
Lolita V. Bucot, RGC	San Rafael NTS
Anita S. Ramos, RGC,	Prenza NHS
Alicia C. Espiritu, RGC	San Pedro NHS
Joerlin De Guzman, Principal I	Lawa ES
Ma. Concepcion M. De Rueda, RGC	Taal HS
Reynaldo E. Aragon, Jr., RGC	Sta. Clara ES
Maria Nina M. Marinas, RGC	FF Halili NAS
Catrine Edriane S. De Guzman, RN	SDO Bulacan

All concerned are requested to bring laptop for the walk through of topics.

This will serve as your travel authority of the participants.


ZENIA G. MOSTOLES, Ed.D., CESO V
Schools Division Superintendent